

March 2023



Monthly Calendar: MARCH 2023

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Center

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Shawn Ext. **2986**
Erin Ext. **3608**

Recreation Staff

416-785-2500
Fern Ext. **2297**
Veronica Ext. **2272**



<p>Daily Broadcast on Channels <u>988, 67,59</u></p>	<p>ROYAL ONTARIO MUSEUM PRESENTATION <u>“Museum Adventure”</u></p>	<p>BIRTHDAY CONCERT</p>
<p>9:30 am – Tai Chi 10:30 am, 2 pm, 7 pm – Chair Exercise 9:00 pm – Meditation 11:00 pm-Chair Exercise 2 a.m. – Tai Chi</p>	<p>Wednesday, March 22 2:00 p.m. Assembly Room</p>	<p>Thursday, March 16 2:00 p.m. Assembly Room Entertainer: Tim Godfrey</p>
	<p>DOCUMENTARY</p>	<p>KNITTING & CROCHET GROUP</p>
<p>PURIM TUESDAY, MARCH 7</p>	<p>Monday, March 6 John McCain: For Whom The Bell Tolls 2:00 p.m. Assembly Room</p>	<p>Knitting & Crochet Group with Ella at 4 p.m. Monday, March 6</p>
<p>Megillah Reading 10:30 a.m. & Purim Concert 2:00 p.m. Wear a Costume!</p>	<p>SHABBAT REFORM SERVICES <u>With</u> <u>RABBI RENA</u></p>	<p>BRIDGE WITH JONATHAN</p>
<p>TERRACE HOLOCAUST SURVIVOR GATHERING</p>	<p>Date to be Determined 10:00 a.m. Assembly Room</p>	<p>Wed. March 1 & 15 1:30 p.m. Fireside Lounge</p>
<p>Wednesday, March 29 2:15 p.m. Assembly Room</p>	<p>WATERCOLOUR CLASSES 8 WEEK SESSION</p>	<p>TOWN HALL MEETING</p>
	<p>Mondays March 6, 13, 20, 27 1:00 – 2:30 p.m. Creative Arts Studio Ground Level</p>	<p>Tuesday, March 14 3:30 p.m. Assembly Room</p>
		<p>FOOD MEETING</p> <p>Tuesday, March 28 3:30 p.m. Assembly Room</p>

Programs subject to change.
Refer to daily program schedule posted
on main recreation board, 1st floor.

Monthly Program Schedule: March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Broadcast on Channels 988, 67, 59</p> <p>9:30 am – Tai Chi</p> <p>10:30am, 2 pm, 7 pm – Chair Exercise</p> <p>9:00 pm – Meditation</p> <p>11:00 pm-Chair Exercise</p> <p>2 a.m. – Tai Chi</p> <p>YOGA CLASS 2:00 – 3:00 p.m.</p>  <p>Bridge 1:30 p.m. 8th Floor Lounge</p> <p>Schmooze in Lobby Bring a neighbor Coffee & Tea Served 2:00 p.m.</p> <p>Movie Night 6:30 p.m. Assembly Room Movie Details on Daily Schedule</p>	<p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Watercolour Classes March 6, 13, 20, 27 1:00-2:30 Creative Arts Studio</p> <p>Singalong March 13 with Hugh March 27 with the Posners 2:00 p.m.</p> <p>Documentary: March 6 “John McCain: For Whom The Bell Tolls” 2:00 p.m.</p> <p>“Understanding our Emotional Blueprint” Discussion Group with Shawn 3:15 p.m. Activity Room A</p> <p>Concert With Yaakov Bengio March 20 2:00 p.m.</p> <p>Mahjong 7:00 p.m. 7th Floor Lounge</p>	<p>Balance Exercise 10:30 -11:15 a.m.</p> <p>MEGILLAH READING March 7 10:30 a.m.</p> <p>PURIM CONCERT March 7 2:00 p.m.</p> <p>Yiddish Group 1:00 p.m.</p> <p>Bingo 2:00 p.m.</p> <p>Town Hall Meeting March 14 3:30 p.m.</p> <p>Montrealer’s Group March 21 3:15 p.m. 10th-floor Lounge</p> <p>Book Club March 21 3:30 – 4:30 p.m. Activity Room A, Ground Floor</p> <p>Ella’s Knitting and Crochet Group March 6 4:00 p.m.</p> <p>Food Committee March 28 3:30 p.m.</p> <p>Rummy Q 6:30 p.m. - 8:00 p.m. 6th Floor</p>	<p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Mussar Discussion Group 1:00 p.m. Assembly Room</p> <p>Bridge with Jonathan 1:30 p.m. March 1 & 15 Fireside Lounge</p> <p>Intermediate Computer Class Registration Required March 1, 8, 15, 22, 29 3:30 p.m. Activity Room B, Ground Floor</p> <p>ROYAL ONTARIO MUSEUM PRESENTATION “Museum Adventure” Wednesday, March 22 2:00 p.m.</p> <p>Terrace Holocaust Survivor Gathering March 29 2:15 p.m.</p> <p>Bridge 6:30 p.m. 8th Floor Lounge</p> <p>Movie Night 6:30 p.m. Movie Details on Recreation Board</p>	<p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Intermediate Computer Class Registration Required Feb. 9, 16, 23 1:00-2:00 p.m. Activity Room B</p> <p>Concert 2:00 p. m.</p> <p>March 2 – Jack Garson, Music & Comedy</p> <p>March 9 – Mark Y. Pianist</p> <p>March 16 - Birthday Concert with Rhonda Silver</p> <p>March 23 – Conservatory of Music</p> <p>March 30 – Jordan K.</p> <p>Poetry Group 4:00 p.m. Activity Room A</p> <p>Rummy Q 6:30 p.m. - 6th Floor</p>	<p>Balance Exercise 10:30 -11:15 a.m.</p> <p>World Current Events 2:00 – 3:00 p.m.</p> <p>Orthodox Synagogue Services Refer to the weekend schedule posted on the recreation board.</p> <p>Orthodox Synagogue Services Refer to the weekend schedule posted on the recreation board.</p> <p>Candle Lighting in the Dining Room</p>  <p>Shabbat Shalom</p>	<p>Orthodox Synagogue Services Refer to the weekend schedule posted on the recreation board, 1st floor, for specific times Synagogue, 1st floor</p> <p>Reform Services 10:00 a.m. Date to be Determine</p> <p>Schmooze in Lobby, Bring a neighbour Coffee & Tea Served 2:00 p.m.</p> <p style="text-align: center;">All Programs take place in Assembly Room unless noted</p>