

# April 2023

<b>Daily Broadcast on Channels</b> <b>988, 67,59</b> <b>NEW TIMES &amp; PROGRAMS</b>  10:30 am – Tai Chi 2 pm, 7 pm – Chair Exercise 9:00 pm – Meditation 11:00 pm-Chair Exercise 2 a.m. – Tai Chi	<b>PASSOVER SEDERS</b>  Wednesday, April 5 & Thursday, April 6 5:00 p.m. Dining Room Please refer to the daily schedule for Orthodox synagogue services schedule.	<b>BIRTHDAY CONCERT</b>  Thursday, April 20 2:00 p.m. Assembly Room Entertainer: Mark Youkanan
<b>SHOE SALE</b> <b>Nelly's Comfort Shoes</b>  Monday, April 3 <sup>rd</sup> , 2023 11:00 – 3:30 p.m. Activity Room A	<b>REFORM PASSOVER SERVICES</b>  Thursday, April 6 & Thursday, April 13 10:00 a.m. Assembly Room	<b>YOM HA SHOAH</b> <b>Holocaust Remembrance Day</b>  Tuesday, April 18 2:45 p.m. – 3:00 p.m.
<b>RESIDENTS MEETING</b>  Tuesday, April 11 3:30 p.m. Assembly Room	<b>RODDNEY'S PRESENTATION &amp; DISCUSSION GROUP</b>  <b>"Premium Retail Packaging"</b> Tuesday, April 4 & <b>Round Table Discussion:</b> <b>"Populism"</b> Wednesday, April 19 3:30 p.m.	<b>BRIDGE WITH JONATHAN</b>  April 19 1:30 p.m. Fireside Lounge
<b>TORONTO PUBLIC LIBRARY SERVICES PRESENTATION</b>  <b>PART 1</b> Monday, April 24 2:00 p.m.		<b>YOM HA' ATZMAUT</b> <b>ISRAEL INDEPENDENCE DAY</b>  Wednesday, April 26 2:15 p.m. with Erich Brethotz
<b>GYM OPEN</b> <b>Ground Level</b>  Mondays & Fridays 1 – 4 p.m. Wednesdays 9- 12 a.m.		<b>KNITTING &amp; CROCHET GROUP</b>  Knitting & Crochet Group with Ella at 4 p.m. Monday, April 3 & 17



## Monthly Calendar: April 2023

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. **2477**

#### Concierge Desk

416-785-2500  
Ext. **2267**

#### Health Center

416-785-2500  
Ext. **2292**

#### Social Workers

416-785-2500  
Shawn Ext. **2986**  
Erin Ext. **3608**

#### Recreation Staff

416-785-2500  
Veronica Ext. **2272**



**Programs subject to change.**  
**Refer to daily program schedule posted**  
**on main recreation board, 1<sup>st</sup> floor.**

**Baycrest**

# Monthly Program Schedule: April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<a href="#">Daily Broadcast on Channels 988, 67, 59</a>  10:30 am– Tai Chi  2 pm, 7 pm – Chair Exercise  9:00 pm – Meditation  11:00 pm-Chair Exercise  2 a.m. – Tai Chi  <a href="#">YOGA CLASS</a> 2:00 – 3:00 p.m.    1:30 p.m. 8th Floor Lounge  <a href="#">Schmooze in Lobby</a> <a href="#">Bring a neighbour</a> Coffee & Tea Served 2:00 p.m.  <a href="#">Movie Night</a> 7:00 p.m. Assembly Room Movie Details on Daily Schedule	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.  <a href="#">Nelly's Comfort Shoe Sale</a> April 3 11:00 –3:30 p.m.  <a href="#">GYM OPEN</a> 1:00 -4:00 p.m. Ground Floor  <a href="#">Singalong</a> April 10 with Hugh April 17 with the Posners 2:00 p.m.  <a href="#">Toronto Public Library Services Presentation Part 1</a> April 24 2:00 p.m.  <a href="#">Philosophy Matters: The Wisdom Exchange</a> 3:15 p.m. Activity Room A  <a href="#">Knitting with Ella</a> April 3 & 17 4:00 p.m.  <a href="#">Mahjong</a> 7:00 p.m. 7th Floor Lounge	<a href="#">Balance Exercise</a> 10:30 -11:00 a.m.  <a href="#">Yiddish Group</a> 1:00 p.m.  <a href="#">Bingo</a> 2:00 p.m.  <a href="#">Montrealer's Group</a> April 25 3:15 p.m. 9 <sup>th</sup> -floor Lounge  <a href="#">Residents Meeting</a> April 11 3:30 p.m.  <a href="#">Yom Ha Shoah</a> April 18 2:45 p.m.  <a href="#">Knitting and Crochet Group</a> April 3 & 17 4:00 p.m.  <a href="#">Rummy Q</a> 6:30 p.m. - 8:00 p.m. 6th Floor	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.  <a href="#">GYM OPEN</a> 9:00 a.m. - 12:00 noon Ground Floor  <a href="#">Mussar Discussion Group</a> April 12, 19 & 26 1:00 p.m. Assembly Room  <a href="#">Bridge with Jonathan</a> 1:30 p.m. April 19 Fireside Lounge  <a href="#">Rodney Round Table Discussion Group</a> April 19 3:30 p.m. Fireside Lounge  <a href="#">Bridge</a> 6:30 p.m. 8th Floor Lounge  <a href="#">Movie Night</a> 6:30 p.m. Movie Details on Daily Schedule	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.  <a href="#">Reform Passover Service</a> April 6 & 13 10:00 a.m. Assembly Room  <a href="#">Birthday Concert With Mark Youhanan</a> April 20 2:00 p.m.  <a href="#">Music Program with Jordan</a> April 27 2:00 p.m.  <a href="#">Book Club April 20</a> 1:00 – 2:00 p.m. Activity Room B, Ground Floor  <a href="#">Poetry Group</a> April 20 & 27 3:30 p.m. Activity Room A  <a href="#">Rummy Q</a> 6:30 p.m. - 6th Floor	<a href="#">Balance Exercise</a> 10:30 -11:15 a.m.  <a href="#">GYM OPEN</a> 1:00 -4:00 p.m. Ground Floor  <a href="#">World Current Events</a> 2:00 – 3:00 p.m.  <a href="#">Orthodox Synagogue Services</a>  Refer to the weekend schedule posted on the recreation board.  Candle Lighting in the Dining Room   Shabbat Shalom	<a href="#">Orthodox Synagogue Services</a>  Refer to the weekly schedule posted on the recreation board, 1 <sup>st</sup> floor, for specific times Synagogue, 1 <sup>st</sup> floor  <a href="#">Schmooze in Lobby, Bring a neighbour</a> Coffee & Tea Served 2:00 p.m.  All Programs take place in Assembly Room unless noted