# September

## Din Proadcast on Criamers 988, 67,59

#### Chair Exercise

9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

Chair Tai Chi

2:00 a.m., 10:00 a.m.

Standing Tai Chi

10:30 a.m., 4:00 p.m., 8:00 p.m.

Meditation

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## BRIDGE WITH JONATHAN

Wednesday September 6, 20 1:30 p.m.

### **POETRY:**

Thursdays Meredith- September 14, 28 4:00 p.m.

### Classroom A.P. 1st floor

### **CHOIR**

Sundays 3:15 p.m. Assembly Room

### RESIDENTS' TOWN HALL MEETING

Thursday September
14
3:30 p.m.
Assembly Room
BIRTHDAY CONCERT

Thursday, September
21
2:00 p.m.
Entertainer: James

# KNITTING & CROCHET GROUP

Monday, September 11,
18
4:00 p.m.
Assembly Room
CLASSICAL DJ MUSIC
PRESENTATION WITH
HOWARD MEDNICK

Wednesday September 20 2:00 p.m. Assembly Room

# SCHMOOZE IN LOBBY BRING A NEIGHBOUR

Coffee & Tea Served Daily 2:00 p.m. Lobby

### HIGH HOLIDAY PROGRAMMING

Journey Through the
High Holidays with
Yentie
September 6
2:00 p.m.

Rosh Hashanah Program with Cantor Edwards

September 13

3:15 p.m.

Sukkah Decorating

September 27

2:30 p.m.

Sukkah Drop In

September 29

1:00-3:00 p.m.

Sukkot Program with Rabbi Rena

September 29

3:00 p.m.

**Synagogue Services** 

To be confirmed

Flyer will be posted on recreation board



### **Monthly Calendar: September 2023**

#### **Contact Information**

#### **To Order Boxed Meals**

416-785-2500 Ext. **2477** 

#### **Concierge Desk**

416-785-2500 Ext. **2267** 

#### **Health Center**

416-785-2500 Ext. **2292** 

#### **Social Workers**

416-785-2500 Yentie Ext. 5382

#### **Recreation Staff**

416-785-2500 Veronica Ext. 2272 Jessica Ext. 5879 Jackie Ext. 2543



Programs subject to change.
Please refer to daily program schedule



Monthly Program Schedule: September 2023

Sunday	Monday	•	Wednesday		Friday	Caturday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec	GYM OPEN	Balance Exercise	GYM OPEN	Balance Exercise	GYM OPEN	Outhodox
Team 7 10	9:00 a.m12: 00 p.m.	10:30 -11:15 a.m.	9:00 a.m12: 00 p.m.	10:30 -11:15 a.m.	9:00 a.m12: 00 p.m.	<u>Orthodox</u>
Sunday September 3, 10,	Ground Floor		Ground Floor		Ground Floor	<u>Synagogue</u>
24	Chair Evereine	Yiddish Group	Chair Exercise	Concert	Chair Evereine	Services Refer to the
9:00 a.m.	Chair Exercise	1:00 p.m.	10:30 -11:00 a.m.	2:00 p.m.	Chair Exercise	weekend schedule
Lobby	10:30 -11:00 a.m.	Bingo	B 11 - 20 - 1 - 1	2.00 p.m.	10:30 -11:00 a.m.	posted on the
Pet Therapy with Jackie	Movie Matinee	2:00 p.m.	Bridge with Jonathan	September 7- Mark	Philosophy 101: The	recreation board, 1st
& Leo	September 4		September 6, 20	Youhanan	Four Fundamental	floor, for specific
September 3	1:30 p.m.	Discussion with Rodney	1:30 p.m. Fireside Lounge	September 14- Katherine	Questions	times
10:30 a.m.	1.00 p.iiii	September 5, 19	Fireside Lourige	Thompson	1:00 p.m.	Synagogue, 1st floor
10100 4	Singalong	3:30 p.m.	Journey Through the	September 21- Birthday	Fireside Lounge	
Zumba with Veronica	September 11- with Hugh	Classroom AB	<b>High Holidays with</b>	Concert with James		
September 10	. & Ruth		<u>Yentie</u>	Regan	<b>World Current Events</b>	Schmooze in Lobby,
10:30 a.m.	September 18- with the	De ele Clude	September 6	<u>September 28-</u> Jordan	2:00 - 3:00 p.m.	Bring a neighbour
	Posners	Book Club	2:00 p.m.	Klapman		Coffee & Tea Served
Bridge	2:00 p.m.	September 26	Howard Mednick		Sukkah Drop In	2:00 p.m.
1:30 p.m.		3:30 p.m. Fireside Lounge	Presentation	Residents' Town Hall	September 29	
8th Floor Lounge		Fireside Lourige	September 20	Meeting	1:00-3:00 p.m.	Saturday Sing Along
	Knitting and Crochet		2:00 p.m.	September 14		7:00 p.m.
Schmooze in Lobby	Group	Rummy Q	•	3:30 p.m.	Sukkot Program with	Lobby
Bring a Neighbour	September 11, 18	6:30 p.m.	Rosh Hashanah	Montroalor's Group	Rabbi Rena	Daily Drandonst on
Coffee & Tea Served	4:00 p.m.	6th Floor	Program with Cantor	Montrealer's Group September 21	September 29	Daily Broadcast on
2:00 p.m.			Edwards	3:15 p.m.	3:00 p.m.	Channels 988, 67, 59
VOCA CLASS	Mahiana		September 13	9th floor Lounge	Outh a day Cymagagus	Chair Exercise
<u>YOGA CLASS</u> 2:00 - 3:00 p.m.	<u>Mahjong</u> 7:00 p.m.		3:15 p.m.	oth floor Lourige	Orthodox Synagogue	9:30 a.m., 11:00 a.m.
September 24- 10:30	Fireside		Culdrah Decorating	Poetry Group	Services Refer to the weekend	2:00 p.m., 7:00 p.m.,
a.m.	i ileside		Sukkah Decorating September 27	4:00 p.m.	schedule	11:00 p.m.
a.iii.			2:00 p.m.	With Meredith September	posted on the	Chair Tai Chi
Sylvia Banack Memorial			2.00 μ.π.	14, 28	recreation board.	
Kol Nidre Service			<b>Mussar Discussion</b>	Classroom AB- 1st Floor		2:00 a.m.,10:00 a.m.
September 24			Group			Standing Tai Chi
3:00 p.m.			3:15 p.m.		Candle Lighting	10:30 a.m., 4:00
·			September 13- 1:30 p.m.	Rummy Q	in the	p.m., 8:00 p.m.
Choir			Assembly Room	6:30 p.m.	Dining Room	Meditation
3:15 p.m.				6th Floor		
Movio Night			Bridge		Shabbat Shalom	9:00 p.m.
Movie Night 7:00 p.m.			6:30 p.m.			
7.00 p.iii.			8th Floor Lounge			