# April 2024

### Daily Broadcast on Channels 988, 67,59

#### **Chair Exercise**

9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

**Chair Tai Chi** 

2:00 a.m., 10:00 a.m.

**Standing Tai Chi** 

10:30 a.m., 4:00 p.m., 8:00 p.m.

Meditation

9:00 p.m.

#### **BRIDGE WITH JONATHAN**

Wednesday April 17 1:30 p.m. 11<sup>th</sup> Floor Lounge

#### **NEW RESIDENT MEETING**

Monday April 15 1:00 p.m. Greenhouse

## **CHOIR**

Sundays 3:30 p.m. Assembly Room

# RESIDENTS' TOWN HALL MEETING

Thursday April 11 3:30 p.m. Assembly Room

# **CONCERT WITH MAX**

Monday April 1 2:00 p.m. Assembly Room

#### **BIRTHDAY CONCERT**

Thursday, April 18
2:00 p.m.
Entertainer: Rhonda Silver
Assembly Room

# INTERGENERATIONAL PROGRAM with EXTON DAY CARE

Monday April 8 10:15 a.m. Assembly Room

# KNITTING & CROCHET GROUP

Monday April 1, 8, 15 4:00 p.m. Assembly Room

# CHALLAH BRAIDING & REMINISCENCE

Friday April 12 10:30 a.m. Fireside

# SCHMOOZE IN LOBBY BRING A NEIGHBOUR

Coffee & Tea Served Daily 2:00 p.m. Lobby

# **PASSOVER**

### **Passover Program with Rabbi**

Rena
Wednesday April 17
3:00 p.m.

#### **The 10 Commandments**

April 22 1:00 p.m.

### **Reform Services with Rabbi**

<u>Rena</u>

Tuesday April 23 Monday April 29 10:00 a.m.



# **Monthly Calendar: April 2024**

#### **Contact Information**

#### **To Order Boxed Meals**

416-785-2500 Ext. **2477** 

#### **Concierge Desk**

416-785-2500 Ext. **2267** 

#### **Health Center**

416-785-2500 Ext. **2292** 

#### **Social Workers**

416-785-2500 Yentie Ext. 5382

#### **Recreation Staff**

416-785-2500 Veronica Ext. 2272 Jessica Ext. 5879



Programs subject to change.
Please refer to daily program schedule



Monthly Program Schedule: April 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Coffee with the Rec Team</b>	<b>Chair Exercise</b>	Balance Exercise	<b>Chair Exercise</b>	<b>Balance Exercise</b>	<b>Chair Exercise</b>	Orthodox Synagogue
Sunday April 7, 14	10:30 -11:00 a.m.	10:15- 11:00 a.m.	10:30- 11:00 a.m.	10:15- 11:00 a.m.	10:30 -11:00 a.m.	<u>Services</u>
9:00 a.m.		10.13 11.00		Concert		Refer to the weekend
Lobby	<u>Intergenerational Program</u>	Yiddish Group	<b>Bridge with Jonathan</b>	2:00 p.m.	<u>Philosophy</u>	schedule posted on the
	April 8	1:00 p.m.	April 17	· ·	1:00 p.m.	recreation board, 1 <sup>st</sup> floor,
<b>Zumba with Veronica</b>	10:15-11:00 a.m.	1.00 p.m.	1:30 p.m.	April 4- Mark Youhanan	Fireside	
April 7	New Resident Meeting	Bingo	11 <sup>th</sup> Floor Lounge	April 11- Jordan Klapman	Challah Braiding &	Schmooze in Lobby,
10:30 a.m.	April 15	2:00 p.m.	<b>Feeling Free- Find your Inner</b>	April 18– Birthday Concert with	Reminiscence	Bring a neighbour
	1:00 p.m.	-	<b>Calm with Yentie</b>	Rhonda Silver  April 25- Noah Kosta (acapella)	April 12	Coffee & Tea Served
<u>Jeopardy with Jessica</u>	Greenhouse	Discussion with Rodney	April 2	April 23- Noali Rosta (acapella)	10:30 a.m.	2:00 p.m.
April 14		April 2, 16	2:00 p.m.	Residents' Town Hall Meeting	Fireside	<b>Saturday Afternoon Sing</b>
10:30 a.m.	<b>Concert with Max</b>	3:30 p.m.		April 11		<b>Along with Sophie</b>
	April 1	Book Club	Museum on Wheels	3:30 p.m.	<b>World Current Events</b>	3:00 p.m.
<b>Schmooze in Lobby</b>	2:00 p.m.	April 16	April 10 2:00 p.m.		2:00 – 3:00 p.m.	Lobby
Bring a Neighbour		3:30 p.m.	2.00 μ.π.	Rummy Q		
Coffee & Tea Served	Guess Who-with Veronica	Classroom AB	Terrace Resident Choir	6:30 p.m.	Orthodox Synagogue	
2:00 p.m.	April 8 <sup>th</sup> 2:00 p.m.		Performance	6th Floor	Orthodox Synagogue Services	<b>Daily Broadcast on</b>
<b>YOGA CLASS</b>	2.00 μ.π.	Rummy Q	April 17		Refer to the weekend	<b>Channels 988, 67, 59</b>
2:00 – 3:00 p.m.	Singalong	6:30 p.m.	2:00 p.m.		schedule	Chair Exercise
Choir	April 15-The Posners	6th Floor Lounge	Passover Program with Rabbi		posted on the recreation	9:30 a.m., 11:00 a.m.
3:30 p.m.	2:00 p.m.		Rena		board.	2:00 p.m., 7:00 p.m.,
			April 17			11:00 p.m.
Retro Movie Night	The 10 Commandments	TV Series	3:00 p.m.			Chair Tai Chi
7:00 p.m.	April 22	The Carol Burnett Show	•			
All Dus ou	1:00 p.m.	7:00 p.m.	<b>Mussar Discussion Group</b>		Canalla Liabitica	2:00 a.m.,10:00 a.m.
All Programs take	<b>Knitting and Crochet Group</b>		3:15 p.m.		Candle Lighting	Standing Tai Chi
place in	April 1, 8, 15				in the Dining Room	10:30 a.m., 4:00 p.m.,
<b>Assembly Room</b>	4:00 p.m.		Modern Movie Night		Dining Room	8:00 p.m.
•			7:00 p.m.		Shabbat Shalom	Meditation
unless noted	Mahjong					
	7:00 p.m.					9:00 p.m.
	Lobby					