

# May 2024



## Monthly Calendar: May 2024

### Contact Information

**To Order Boxed Meals**  
416-785-2500  
Ext. 2477

**Concierge Desk**  
416-785-2500  
Ext. 2267

**Health Center**  
416-785-2500  
Ext. 2292

**Social Workers**  
416-785-2500  
Yentie Ext. 5382

**Recreation Staff**  
416-785-2500  
Veronica Ext. 2272  
Jessica Ext. 5879



Programs subject to change.  
Please refer to daily program schedule



<p><b>Daily Broadcast on Channels</b> <b>988, 67,59</b></p>	<p><b>RESIDENTS' TOWN HALL MEETING</b></p>	<p><b>FOOD MEETING</b></p>
<p><b>Chair Exercise</b> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><b>Chair Tai Chi</b> 2:00 a.m., 10:00 a.m.</p> <p><b>Standing Tai Chi</b> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><b>Meditation</b> 9:00 p.m.</p>	<p>Thursday May 9 3:30 p.m. Assembly Room</p>	<p>Wednesday May 1 2:00 p.m. Assembly Room</p>
	<p><b>BIRTHDAY CONCERT</b></p>	<p><b>INTERGENERATIONAL PROGRAM with EXTON DAY CARE</b></p>
<p><b>BRIDGE WITH JONATHAN</b></p>	<p>Thursday, May 16 2:00 p.m. <b>Entertainer: Marcus Schwan</b> Assembly Room</p>	<p>Monday May 27 10:15 a.m. Assembly Room</p>
<p>Wednesday May 1, 15, 29 1:30 p.m. 11<sup>th</sup> Floor Lounge</p>	<p><b>KNITTING &amp; CROCHET GROUP</b></p>	<p><b>YOM HASHOAH</b></p>
<p><b>REFORM SERVICES WITH RABBI RENA</b></p>	<p>Monday May 13, 27 4:00 p.m. Assembly Room</p>	<p>Monday May 6 <b>Candle Lighting</b> 2:45 p.m. <b>Service</b> 3:00 p.m. Assembly Room</p>
<p><b>CHOIR</b></p>	<p><b>CHALLAH BRAIDING &amp; REMINISCENCE</b></p>	<p><b>NEIGHBOURHOOD SCHMOOZE WITH YENTIE</b></p>
<p>Sundays 3:30 p.m. Assembly Room</p>	<p>Friday May 10 10:15 a.m. Fireside</p>	<p>May 13- 11th Floor May 27- 10th Floor 3:30 p.m.</p>
	<p><b>SCHMOOZE IN LOBBY BRING A NEIGHBOUR</b></p> <p>Coffee &amp; Tea Served Daily 2:00 p.m. Lobby</p>	

# Monthly Program Schedule: May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#">Coffee with the Rec Team</a> Sunday May 5, 12 9:00 a.m. Lobby</p> <p><a href="#">Zumba with Veronica</a> May 5 10:30 a.m.</p> <p><a href="#">Jeopardy with Jessica</a> May 12 10:30 a.m.</p> <p><a href="#">Schmooze in Lobby</a> <a href="#">Bring a Neighbour</a> Coffee &amp; Tea Served 2:00 p.m.</p> <p><a href="#">YOGA CLASS</a> 2:00 – 3:00 p.m.</p> <p><a href="#">Choir</a> 3:30 p.m.</p> <p><a href="#">Retro Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m.</p> <p><a href="#">Intergenerational Program</a> May 27 10:15-11:00 a.m.</p> <p><a href="#">Herb Gardening Program</a> May 13, 27 1:15 p.m. Greenhouse</p> <p><a href="#">Yom HaShoah</a> May 6 <a href="#">Candle Lighting-</a> 2:45 p.m. <a href="#">Service-</a> 3:00 p.m.</p> <p><a href="#">From Remembrance to Independence: Behind the Scenes of Israel's Founding (Documentary)</a> May 13 2:00 p.m.</p> <p><a href="#">Museum on Wheels</a> May 27 2:00 p.m.</p> <p><a href="#">Neighbour Schmooze with Yentie</a> May 13- 11<sup>th</sup> Floor May 27- 10<sup>th</sup> Floor 3:30 p.m.</p> <p><a href="#">Knitting and Crochet Group</a> May 13, 27 4:00 p.m.</p> <p><a href="#">Bridge</a> 7:00 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#">Mahjong</a> 7:00 p.m. Lobby</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Yiddish Group</a> 1:00 p.m.</p> <p><a href="#">Bingo</a> 2:00 p.m.</p> <p><a href="#">Yom Ha'Atzmaut Concert with Isaac Muzikansky</a> May 14 2:00 p.m.</p> <p><a href="#">Discussion with Rodney</a> May 7, 14, 28 3:30 p.m.</p> <p><a href="#">Book Club</a> May 21 3:30 p.m. Classroom AB</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor Lounge</p> <p><a href="#">TV Series</a> I Love Lucy 7:00 p.m.</p>	<p><a href="#">Chair Exercise</a> 10:30- 11:00 a.m.</p> <p><a href="#">Sharing Dance</a> May 29 10:30-11:15 a.m.</p> <p><a href="#">Learn to Grow Your Own Herbs</a> May 1 1:30 p.m. Greenhouse *closed program, sign up required*</p> <p><a href="#">Bridge with Jonathan</a> May 1, 15, 29 1:30 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#">Food Meeting</a> May 1 2:00 p.m.</p> <p><a href="#">Jewish Lives and Histories in Toronto</a> May 8 2:00 p.m.</p> <p><a href="#">Who Am I? with Veronica</a> May 15 2:00 p.m.</p> <p><a href="#">Singalong</a> May 22-The Posners May 29- Hugh &amp; Ruth 2:00 p.m.</p> <p><a href="#">Mussar Discussion Group</a> 3:15 p.m.</p> <p><a href="#">Modern Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Concert</a> 2:00 p.m. <u>May 2 at 1:30 p.m.</u> Havergal College Vocal Class <u>May 9-</u> Doug Goodeve (acapella) <u>May 16-</u> Birthday Concert with Marcus Schwan <u>May 23-</u> Mark Youhanan (acapella) <u>May 30-</u> James Regan</p> <p><a href="#">Residents' Town Hall Meeting</a> May 9 3:30 p.m.</p> <p><a href="#">Montrealer's Group</a> May 23 3:30 p.m.</p> <p><a href="#">Poetry with David</a> May 2, 16 4:00 p.m. Classroom AB</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor</p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m.</p> <p><a href="#">Challah Braiding &amp; Reminiscence</a> May 10 10:15 a.m. Fireside</p> <p><a href="#">World Current Events</a> 2:00 – 3:00 p.m.</p> <p><a href="#">Orthodox Synagogue Services</a> Refer to the weekend schedule posted on the recreation board.</p> <p>Candle Lighting in the Dining Room</p> <p>Shabbat Shalom</p>	<p><a href="#">Orthodox Synagogue Services</a> Refer to the weekend schedule posted on the recreation board, 1<sup>st</sup> floor,</p> <p><a href="#">Reform Service</a> May 11 10:00 a.m.</p> <p><a href="#">Schmooze in Lobby, Bring a neighbour</a> Coffee &amp; Tea Served 2:00 p.m.</p> <p><a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby</p> <p><a href="#">Daily Broadcast on Channels 988, 67, 59</a></p> <p><a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#">Chair Tai Chi</a> 2:00 a.m., 10:00 a.m.</p> <p><a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#">Meditation</a> 9:00 p.m.</p>

All Programs take place in Assembly Room unless noted