

# July 2024



## Monthly Calendar: July 2024

### Contact Information

**To Order Boxed Meals**  
416-785-2500  
Ext. 2477

**Concierge Desk**  
416-785-2500  
Ext. 2267

**Health Center**  
416-785-2500  
Ext. 2292

**Social Workers**  
416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

**Recreation Staff**  
416-785-2500  
Veronica Ext. 2272  
Jessica Ext. 5879  
Eduardo Ext. 2358

Programs subject to change.  
Please refer to daily program schedule



### Daily Broadcast on Channels 988, 67,59

**Chair Exercise**  
9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

**Chair Tai Chi**  
2:00 a.m., 10:00 a.m.

**Standing Tai Chi**  
10:30 a.m., 4:00 p.m., 8:00 p.m.

**Meditation**  
9:00 p.m.

### BRIDGE WITH JONATHAN

Wednesday July 3, 24  
1:30 p.m.  
11<sup>th</sup> Floor Lounge

### REFORM SERVICES WITH RABBI RENA

Saturday July 20  
10:00 a.m.  
Assembly Room

### CHOIR

Sundays  
3:30 p.m.  
Assembly Room

### RESIDENTS' TOWN HALL MEETING

Thursday July 11  
3:30 p.m.  
Assembly Room

### BIRTHDAY CONCERT

Thursday, July 18  
2:00 p.m.  
**Entertainer: Pavel Odnoletkov**  
Assembly Room

### KNITTING & CROCHET GROUP

Monday July 15, 29  
4:00 p.m.  
Assembly Room

### SUMMER BBO

Tuesday July 9<sup>th</sup>  
Lunch BBQ & more  
Outdoor Garden

### SCHMOOZE IN LOBBY BRING A NEIGHBOUR

Coffee & Tea Served Daily  
2:00 p.m.  
Lobby

### NEIGHBOURHOOD SCHMOOZE WITH YENTIE & TANYA

July 8-7<sup>th</sup> Floor  
July 22- 6<sup>th</sup> Floor  
3:15 p.m.

### NATURE WALK WITH SAM

Saturdays  
10:30 a.m.  
Meet in lobby  
\*weather dependent

### FOOD MEETING

Wednesday July 3  
2:00 p.m.  
Assembly Room

### CLASSIC PIANO CONCERT WITH MAX

Wednesday July 10, 17  
Sunday July 21  
2:00 p.m.  
Assembly Room

### CLASSICAL MUSIC DJ WITH HOWARD MEDNICK

Monday July 15  
Wednesday July 24  
2:00 p.m.  
Assembly Room

# Monthly Program Schedule: July 2024

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Saturday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| <p><a href="#">Coffee with the Rec Team</a><br/>Sunday July 7, 14<br/>9:00 a.m.<br/>Lobby</p> <p><a href="#">Zumba with Veronica</a><br/>July 7<br/>10:30 a.m.</p> <p><a href="#">Jeopardy with Jessica</a><br/>July 14<br/>10:30 a.m.</p> <p><a href="#">Schmooze in Lobby</a><br/><a href="#">Bring a Neighbour</a><br/>Coffee &amp; Tea Served<br/>2:00 p.m.</p> <p><a href="#">Yoga Class</a><br/>2:00 – 3:00 p.m.<br/>No Yoga on July 21, 28</p> <p><a href="#">Classical Piano Concert with Max</a><br/>July 21<br/>2:00 p.m.</p> <p><a href="#">Choir</a><br/>3:30 p.m.</p> <p><a href="#">Retro Movie Night</a><br/>7:00 p.m.</p> | <p><a href="#">Chair Exercise</a><br/>10:30 -11:00 a.m.</p> <p><a href="#">Singalong</a><br/><a href="#">Hugh &amp; Ruth</a>-July 8<br/>2:00 p.m.</p> <p><a href="#">Howard Mednick</a><br/>July 15<br/>2:00 p.m.</p> <p><a href="#">Famous Musicals with Jessica</a><br/>July 22<br/>2:00 p.m.</p> <p><a href="#">Museum on Wheels</a><br/>July 29<br/>2:00 p.m.</p> <p><a href="#">Neighbour Schmooze with Yentia &amp; Tanya</a><br/>July 8-7<sup>th</sup> Floor<br/>July 22- 6<sup>th</sup> Floor<br/>3:15 p.m.</p> <p><a href="#">Knitting and Crochet Group</a><br/>July 15, 29<br/>4:00 p.m.</p> <p><a href="#">Bridge</a><br/>7:00 p.m.<br/>11<sup>th</sup> Floor Lounge</p> <p><a href="#">Mahjong</a><br/>7:00 p.m.<br/>Lobby</p> | <p><a href="#">Balance Exercise</a><br/>10:15- 11:00 a.m.</p> <p><a href="#">Yiddish Group</a><br/>1:00 p.m.</p> <p><a href="#">Bingo</a><br/>2:00 p.m.</p> <p><a href="#">Discussion with Rodney</a><br/>July 2, 9, 23<br/>3:30 p.m.</p> <p><a href="#">Book Club</a><br/>July 16<br/>3:30 p.m.<br/>Classroom AB</p> <p><a href="#">Rummy Q</a><br/>6:30 p.m.<br/>6th Floor Lounge</p> <p><a href="#">TV Series</a><br/>The Crown<br/>7:00 p.m.</p> <p><a href="#">Terrace BBQ</a><br/>July 9<br/>Lunch</p> | <p><a href="#">Zumba with Veronica</a><br/>10:30- 11:00 a.m.</p> <p><a href="#">Sharing Dance</a><br/>July 24<br/>10:30-11:15 a.m.</p> <p><a href="#">New Resident Meeting</a><br/>July 3<br/>1:00 p.m.<br/>Boardroom, Main Floor</p> <p><a href="#">Bridge with Jonathan</a><br/>July 3, 24<br/>1:30 p.m.<br/>11<sup>th</sup> Floor Lounge</p> <p><a href="#">Food Meeting</a><br/>July 3<br/>2:00 p.m.</p> <p><a href="#">Classical Piano Concert with Max</a><br/>July 10, 17<br/>2:00 p.m.</p> <p><a href="#">Howard Mednick</a><br/>July 24<br/>2:00 p.m.</p> <p><a href="#">Ice Cream Social</a><br/>July 31<br/>2:00 p.m.</p> <p><a href="#">Mussar Discussion Group</a><br/>3:15 p.m.</p> <p><a href="#">Modern Movie Night</a><br/>7:00 p.m.</p> | <p><a href="#">Balance Exercise</a><br/>10:15- 11:00 a.m.</p> <p><a href="#">Concert</a><br/>2:00 p.m.</p> <p>July 4- Janie Respitz<br/>July 11- Jordan Klapman<br/>July 18- Birthday Concert with Pavel Odnoletkov<br/>July 25- Mark Youhanan (Acapella)</p> <p><a href="#">Residents' Town Hall Meeting</a><br/>July 11<br/>3:30 p.m.</p> <p><a href="#">Montrealer's Group</a><br/>July 25<br/>3:30 p.m.</p> <p><a href="#">Poetry with David</a><br/>July 4, 18<br/>4:00 p.m.<br/>Classroom AB</p> <p><a href="#">Rummy Q</a><br/>6:30 p.m.<br/>6th Floor</p> | <p><a href="#">Chair Exercise</a><br/>10:30 -11:00 a.m.</p> <p><a href="#">USC Shoah Witness Foundation Screening with Yentia</a><br/>July 5, 19<br/>11:00 a.m.<br/>Fireside</p> <p><a href="#">World Current Events</a><br/>2:00 – 3:00 p.m.</p> <p><a href="#">Pre-Shabbat Program</a><br/>5:00 p.m.<br/>Dining Room</p> <p><a href="#">Orthodox Synagogue Services</a><br/>Refer to the weekend schedule posted on the recreation board.</p> <p>Candle Lighting in the Dining Room</p> <p>Shabbat Shalom</p> | <p><a href="#">Orthodox Synagogue Services</a><br/>Refer to the weekend schedule posted on the recreation board, 1<sup>st</sup> floor,</p> <p><a href="#">Nature Walk with Sam</a><br/>10:30 a.m.<br/>Meet in lobby</p> <p><a href="#">Reform Service</a><br/>July 20<br/>10:00 a.m.</p> <p><a href="#">Schmooze in Lobby, Bring a neighbour</a><br/>Coffee &amp; Tea Served<br/>2:00 p.m.</p> <p><a href="#">Saturday Afternoon Sing Along with Sophie</a><br/>3:00 p.m.<br/>Lobby</p> <p><a href="#">Daily Broadcast on Channels 988, 67, 59</a></p> <p><a href="#">Chair Exercise</a><br/>9:30 a.m., 11:00 a.m.<br/>2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#">Chair Tai Chi</a><br/>2:00 a.m., 10:00 a.m.</p> <p><a href="#">Standing Tai Chi</a><br/>10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#">Meditation</a><br/>9:00 p.m.</p> |

**All Programs take place in Assembly Room unless noted**