May 2025

Daily Broadcast on Channels 988, 67,59

Chair Exercise

9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

Chair Tai Chi

2:00 a.m., 10:00 a.m.

Standing Tai Chi

10:30 a.m., 4:00 p.m., 8:00 p.m.

Meditation

9:00 p.m.

BRIDGE WITH JONATHAN

Tuesday May 13, 27 1:30 p.m. 11th Floor Lounge

DISCUSSION WITH RODNEY

Friday May 9, 16, 30 2:00 p.m. Assembly Room

CHOIR

Sunday 3:30 p.m. Assembly Room

RESIDENTS' TOWN HALL MEETING

Thursday May 8 3:30 p.m. Assembly Room

YOM HA'ATZMAUT CELEBRATION

Thursday May 1 2:00 p.m. Assembly Room

BIRTHDAY CONCERT

Thursday May 22
2:00 p.m.
Entertainer: Kathy
Thompson
Assembly Room

KNITTING & CROCHET GROUP

Monday May 5, 12 4:00 p.m. Assembly Room

TERRACE RESIDENT CHOIR PERFORMANCE

Monday May 5 2:00 p.m. Assembly Room

SCHMOOZE IN LOBBY BRING A NEIGHBOUR

Coffee & Tea Served Daily 2:00 p.m.
Lobby

'OLD HOLLYWOOD THEME'

Join the students from the PS I Love You (CHAT) as we end off the year with a celebratory Prom

7:00 p.m.
Assembly Room

*Entertainment by Rhonda Silver

HOWARD MEDNICK PRESENTS: OVER THE TOP OPERA

Wednesday May 28 2:00 p.m. Assembly Room

SUNDAY MOVIE MATINEE

Sunday 1:30 p.m. Fireside Lounge



Monthly Calendar: May 2025

Contact Information

To Order Boxed Meals

416-785-2500 Ext. **2477**

Concierge Desk

416-785-2500 Ext. **2267**

Health Center

416-785-2500 Ext. **2292**

Social Workers

416-785-2500 Yentie Ext. 5382 Tanya Ext. 2990

Recreation Staff

416-785-2500 Veronica Ext. 2272 Jessica Ext. 5879



Programs subject to change.
Please refer to daily program schedule



Monthly Program Schedule: May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team	Chair Exercise	Balance Exercise	Sharing Dance Class with	Balance Exercise	Chair Exercise	Orthodox Synagogue
Sunday May 4, 25	10:30 -11:00 a.m.	10:15- 11:00 a.m.	Annie	10:15- 11:00 a.m.	10:30 -11:00 a.m.	<u>Services</u>
9:00 a.m.			10:30-11:15 a.m.		Connection Circle with Yentie	Times noted on recreation
Lobby	Terrace Choir Performance	Yiddish Group	10.50 11.15 4.111.	Yom Ha'Atzmaut Celebration	& Shoshana	board
Creative Colouring & Board	May 5	1:00 p.m.		with Janie Respitz	11:05 p.m.	Reform Services
Games	2:00 p.m.	8.11	Food Meeting	May 1	Classroom AB	May 10
10:00 a.m.	High Tea-Celebration of the	Bridge with Jonathan	May 7	2:00 p.m.	Hebrew Speaking Club with	10:00 a.m.
Lobby	Women of our Lives	May 13, 27	2:00 p.m.	2.00 μ	Tanya	
2000,	May 12	1:30 p.m.		Concert	May 30	Nature Walk with Sam
Jeopardy	2:00 p.m.	11 th Floor Lounge	Singalong	2:00 p.m.	1:30 p.m.	10:30 a.m.
May 4	2.00 μ		Hugh & Ruth- May 14	May 8 – Joseph Landau	Fireside Lounge	Meet in Lobby
10:30 a.m.	Lecture: Protecting Older	Bingo	The Posners- May 21	(acapella)	Music Appreciation-Broadway	Schmooze in Lobby,
	Adults from Frauds and Scams	2:00 p.m.	2:00 p.m.	May 15 – Milan Vincec (acapella)		Coffee & Tea Served
<u>Piano Concert with Thomas</u>	May 26			May 22- Birthday Concert with	May 2	2:00 p.m.
<u>May 25</u>	2:00 p.m.	Book Club	Howard Mednick Presents:	Kathy Thompson	2:00 p.m.	Saturday Afternoon Sing
2:00 p.m.	·	May 20	Over the Top Opera	May 29- Janie Respitz	Discussion with Rodney	Along with Sophie
	Neighbour Schmooze	3:30 p.m.	May 28		May 9, 16, 30	3:00 p.m.
Schmooze in Lobby	May 26-8 th floor	Classroom AB	2:00 p.m.		2:00 p.m.	Lobby
Bring a Neighbour	3:15 p.m.			Residents' Town Hall Meeting	Lecture: The Group of Seven-	2000 y
Coffee & Tea Served		Rummy Q	Mussar Discussion Group	May 8	The Mystery, Majesty and	Daily Broadcast on
2:00 p.m.	Knitting and Crochet Group	6:30 p.m.	3:15 p.m.	3:30 p.m.	Magic of Canada's Landscape	<u>Channels 988, 67, 59</u>
Movie Matinee	May 5, 12	6th Floor Lounge	3.13 p		May 23	Chair Exercise
1:30 p.m.	4:00 p.m.				2:00 p.m.	9:30 a.m., 11:00 a.m.
Fireside Lounge			Modern Movie Night	Montrealer's Group	2.00 p	2:00 p.m., 7:00 p.m., 11:00
Voge Class	PS I Love You- Intergenerational	TV Series	7:00 p.m.	May 22	Outing- Canadian Opera	n m
Yoga Class	Program with CHAT Students	Downton Abbey	p.m.	3:30 p.m.	Company- Celebrating Human	-
2:00 – 3:00 p.m. May 25-10:30 a.m.	PROM May 26	7:00 p.m.		Film Chale	Diversity with the Cantabile	<u>Chair Tai Chi</u>
Choir	May 26			Film Club	<u>Chamber Choir</u>	2:00 a.m.,10:00 a.m.
3:30 p.m.	7:00 p.m.			May 1, 15, 29	May 30	Standing Tai Chi
No Choir May 25	<u>Bridge</u>			7:00 p.m.	10:45 a.m2:30 p.m.	
ito elloli iliay 23	7:00 p.m.				*registration required; sign up	
Retro Movie Night	11th Floor Lounge			Rummy Q	at concierge desk	8:00 p.m.
7:00 p.m.	Mahjong			6:30 p.m.	*additional details on	Meditation
All Programs take place	7:00 p.m.			6th Floor	recreation board Orthodox Synagogue	9:00 p.m.
All Programs take place	Lobby			S 1 1001	Services	
in Assembly Room	Lobby				Refer to the schedule	Additional program details
unless noted					on the recreation board.	will be posted on the
					on the recreation board.	recreation board