

# July 2025

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>OUTING- MCMICHAEL ART</u> <u>GALLERY</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m.,7:00 p.m., 11:00 p.m.	Thursday July 10 3:30 p.m. Assembly Room	Wednesday July 16 12:30-4:00 p.m. *registration required; sign up at concierge desk *ticket purchase required *additional details on recreation board
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday July 10 2:00 p.m. <u>Entertainer:</u> Rhonda Silver Assembly Room	<u>NEW RESIDENT SUPPORT</u> <u>GROUP</u>
<u>Meditation</u> 9:00 p.m.	<u>KNITTING &amp; CROCHET</u> <u>GROUP</u>	Wednesday July 9 2:00 p.m. Boardroom
<u>BRIDGE WITH JONATHAN</u>	Monday July 7 4:00 p.m. Assembly Room	<u>HOWARD MEDNICK</u> <u>PRESENTATIONS</u>
Tuesday July 8, 22, 29 1:30 p.m. 11 <sup>th</sup> Floor Lounge	<u>SUNDAY MOVIE MATINEE</u>	July 4, 23 2:00 p.m. Assembly Room
<u>DISCUSSION WITH RODNEY</u>	Sunday 1:30 p.m. Fireside Lounge	<u>TERRACE HAWAIIAN LUAU</u> <u>LUNCH BBQ</u>
Friday July 11, 25 2:00 p.m. Assembly Room	<u>SCHMOOZE IN LOBBY</u> <u>BRING A NEIGHBOUR</u>	Wednesday July 9 11:30 a.m.-1:00 p.m. Outside Garden, Ground Floor
<u>CHOIR</u>	Coffee & Tea Served Daily 2:00 p.m. Lobby	
Sunday 3:30 p.m. Assembly Room		



**Baycrest Terraces**  
Residence and Community  
*Where life thrives*

## Monthly Calendar: July 2025

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. 2477

#### Concierge Desk

416-785-2500  
Ext. 2267

#### Health Center

416-785-2500  
Ext. 2292

#### Social Workers

416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

#### Recreation Staff

416-785-2500  
Jessica Ext. 5879  
Adele



Programs subject to change.  
Please refer to daily program schedule



Monthly Program Schedule: July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<a href="#">Coffee with the Rec Team</a> Sunday July 6, 20 9:00 a.m. Lobby	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.	<a href="#">Balance Exercise</a> 10:15- 11:00 a.m.	<a href="#">Sharing Dance Class with Anne</a> 10:30-11:15 a.m.	<a href="#">Balance Exercise</a> 10:15- 11:00 a.m.	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.	<a href="#">Orthodox Synagogue Services</a> Times noted on recreation board
<a href="#">Creative Colouring &amp; Board Games</a> 10:00 a.m. Lobby	<a href="#">Music Program-Finish the Song Lyrics</a> July 7 2:00 p.m.	<a href="#">Yiddish Group</a> 1:00 p.m.	<a href="#">Bingo</a> July 2 2:00 p.m.	<a href="#">Concert</a> 2:00 p.m.	<a href="#">Connection Circle with Yentia &amp; Shoshana</a> 11:05 a.m. Classroom AB	<a href="#">Reform Service with Rabbi Rena</a> July 19 10:00 a.m.
<a href="#">Stretch &amp; Tone with Adele</a> July 6 10:30 a.m.	<a href="#">Summer Social- Sundae Bliss</a> July 14 2:00 p.m. Outdoor Garden, Ground Floor	<a href="#">Bridge with Jonathan</a> July 8, 22, 29 1:30 p.m. 11 <sup>th</sup> Floor Lounge	<a href="#">Terrace Hawaiian Luau Lunch BBQ</a> July 9 11:30 a.m.-1:00 p.m. Outdoor Garden, Ground Floor	<a href="#">July 3– Danny Zaidman</a> <a href="#">July 10– Birthday Concert- Rhonda Silver</a> <a href="#">July 17- Joseph Landau (Acapella)</a> <a href="#">July 24- Mark Youhanan (Acapella)</a> <a href="#">July 31- Milan Vincec (Acapella)</a>	<a href="#">Howard Mednick Presents: Spoofs On Classical Music</a> July 4 2:00 p.m.	<a href="#">Nature Walk with Sam</a> 10:30 a.m. Meet in Lobby
<a href="#">Jeopardy</a> July 20 10:30 a.m.	<a href="#">Artist Talk Series- ‘Documentary &amp; Fine Art Photography’ with Motty Levy</a> July 21 3:30 p.m.	<a href="#">‘A Documentary about Canada’</a> July 1 2:00 p.m.	<a href="#">New Resident Support Group</a> July 9 2:00 p.m. Boardroom	<a href="#">Residents’ Town Hall Meeting</a> July 10 3:30 p.m.	<a href="#">Discussion with Rodney</a> July 11, 25 2:00 p.m.	<a href="#">Schmooze in Lobby, Coffee &amp; Tea Served</a> 2:00 p.m.
<a href="#">Schmooze in Lobby</a> <a href="#">Bring a Neighbour</a> Coffee & Tea Served 2:00 p.m.	<a href="#">Sing Along with the Posners</a> July 28 2:00 p.m.	<a href="#">Bingo</a> 2:00 p.m.	<a href="#">Singalong with Hugh &amp; Ruth</a> July 16 2:00 p.m.	<a href="#">Montrealer’s Group</a> July 24 3:30 p.m.	<a href="#">Lecture- Shakespeare in Love</a> July 18 2:00 p.m.	<a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby
<a href="#">Movie Matinee</a> 1:30 p.m. Fireside Lounge	<a href="#">Neighbour Schmooze</a> July 14- 9 <sup>th</sup> Floor July 28- 1 <sup>st</sup> Floor –Boardroom 3:15 p.m.	<a href="#">Book Club</a> July 15 3:30 p.m. Classroom AB	<a href="#">Howard Mednick Presents Let’s Go to the Movies</a> July 23 2:00 p.m.	<a href="#">Hebrew Speaking Club with Tanya</a> July 31 3:15 p.m. Fireside Lounge	<a href="#">Pre-Shabbat Program</a> 5:30 p.m. Dining Room	<a href="#">Daily Broadcast on Channels 988, 67, 59</a>
<a href="#">Yoga Class</a> 2:00 – 3:00 p.m.	<a href="#">Knitting and Crochet Group</a> July 7 4:00 p.m.	<a href="#">Rummy Q</a> 6:30 p.m. 6th Floor Lounge	<a href="#">Summer Social- Strawberry Social</a> July 30 2:00 p.m. Outdoor Garden, Ground Floor	<a href="#">Orthodox Synagogue Services</a> Refer to the schedule on the recreation board.	<a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.	<a href="#">Chair Tai Chi</a> 2:00 a.m.,10:00 a.m.
<a href="#">Choir</a> 3:30 p.m.	<a href="#">Bridge</a> 7:00 p.m. 11 <sup>th</sup> Floor Lounge	<a href="#">TV Series</a> Downton Abbey 7:00 p.m.	<a href="#">Mussar Discussion Group</a> 3:15 p.m.	<a href="#">Film Club</a> July 3, 17, 31 7:00 p.m.	<a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.	<a href="#">Meditation</a> 9:00 p.m.
<a href="#">Retro Movie Night</a> 7:00 p.m.	<a href="#">Mahjong</a> 7:00 p.m. Lobby		<a href="#">Modern Movie Night</a> 7:00 p.m.	<a href="#">Rummy Q</a> 6:30 p.m. 6th Floor		Additional program details will be posted on the recreation board
All Programs take place in Assembly Room unless noted			<a href="#">Outing-McMichael Art Gallery</a> July 16 12:30-4:00 p.m. *registration required			