

June 2025

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>SHAVUOT</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m.,7:00 p.m., 11:00 p.m.	Thursday June 12 3:30 p.m. Assembly Room	<u>Erev Shavuot Torah Study</u> <u>with Rabbi Rena</u> Sunday June 1 7:30 p.m. Assembly Room
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	<u>Reform Shavuot Services</u> Monday June 2 10:00 a.m. Assembly Room
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday June 19 2:00 p.m. <u>Entertainer:</u> Brian Birnie Assembly Room	<u>Orthodox Services</u> *information will be posted on recreation board
<u>Meditation</u> 9:00 p.m.	<u>KNITTING & CROCHET</u> <u>GROUP</u>	
<u>BRIDGE WITH JONATHAN</u>	Monday June 9, 23 4:00 p.m. Assembly Room	<u>HOWARD MEDNICK</u> <u>PRESENTATIONS</u>
Tuesday June 10, 17 1:30 p.m. 11 th Floor Lounge	<u>SUNDAY MOVIE MATINEE</u>	Wednesday June 4, 25 2:00 p.m. Assembly Room
<u>DISCUSSION WITH RODNEY</u>	Sunday 1:30 p.m. Fireside Lounge	<u>TERRACE BALLPARK BBQ</u>
Friday June 6, 27 2:00 p.m. Assembly Room	<u>SCHMOOZE IN LOBBY</u> <u>BRING A NEIGHBOUR</u>	Monday June 23 11:30 a.m.-1:00 p.m. Outside Garden, Main Floor
<u>CHOIR</u>	Coffee & Tea Served Daily 2:00 p.m. Lobby	
Sunday 3:30 p.m. Assembly Room		



Monthly Calendar: June 2025

Contact Information

To Order Boxed Meals
416-785-2500
Ext. 2477

Concierge Desk
416-785-2500
Ext. 2267

Health Center
416-785-2500
Ext. 2292

Social Workers
416-785-2500
Yentie Ext. 5382
Tanya Ext. 2990

Recreation Staff
416-785-2500
Jessica Ext. 5879
Adele



Programs subject to change.
Please refer to daily program schedule



Monthly Program Schedule: June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Coffee with the Rec Team</u> Sunday June 1, 8, 22 9:00 a.m. Lobby	<u>Chair Exercise</u> 10:30 -11:00 a.m.	<u>Balance Exercise</u> 10:15- 11:00 a.m.	<u>Sharing Dance Class with Annie</u> 10:30-11:15 a.m.	<u>Balance Exercise</u> 10:15- 11:00 a.m.	<u>Chair Exercise</u> 10:30 -11:00 a.m.	<u>Orthodox Synagogue Services</u> Times noted on recreation board
<u>Creative Colouring & Board Games</u> 10:00 a.m. Lobby	<u>Art Lecture- Art and Design of the Industrial Revolution</u> June 9 2:00 p.m.	<u>Yiddish Group</u> 1:00 p.m.	<u>Howard Mednick Presents Classical Music In Popular Culture</u> June 4 2:00 p.m.	<u>Concert</u> 2:00 p.m. <u>June 5</u> – Enchanted Flutes <u>June 12</u> – Noah Kosta <u>June 19</u> - Birthday Concert with Brian Birnie <u>June 26</u> - Carl Stedmond	<u>Connection Circle with Yentie & Shoshana</u> 11:05 a.m. Classroom AB	<u>Nature Walk with Sam</u> 10:30 a.m. Meet in Lobby
<u>Chair Exercise with Charlotte</u> June 1 10:30 a.m.	<u>B’not Mitzvah Celebration</u> June 16 2:00 p.m.	<u>Bridge with Jonathan</u> June 10, 17 1:30 p.m. 11 th Floor Lounge	<u>Singalong</u> <u>Hugh & Ruth-</u> June 11 <u>The Posners-</u> June 18 2:00 p.m.	<u>Residents’ Town Hall Meeting</u> June 12 3:30 p.m.	<u>Discussion with Rodney</u> June 6, 27 2:00 p.m.	<u>Schmooze in Lobby, Coffee & Tea Served</u> 2:00 p.m.
<u>Jeopardy</u> June 8 10:30 a.m.	<u>Terrace Ballpark Lunch BBQ</u> June 23 11:30 a.m.-1:00 p.m. Outdoor Garden, Ground Floor	<u>Bingo</u> 2:00 p.m.	<u>Howard Mednick Presents Classical Music On The Water</u> June 25 2:00 p.m.	<u>Honor the Gents-A Celebration of the Men of our Lives</u> June 13 2:00 p.m.	<u>Saturday Afternoon Sing Along with Sophie</u> 3:00 p.m. Lobby	
<u>Stretch & Tone with Adele</u> June 22 10:30 a.m.	<u>Lecture- ‘Toronto – The Beginning’</u> June 30 2:00 p.m.	<u>Book Club</u> June 17 3:30 p.m. Classroom AB	<u>Howard Mednick Presents Classical Music On The Water</u> June 25 2:00 p.m.	<u>Piano Performance with Martin Kesuma</u> June 20 2:00 p.m.	<u>Daily Broadcast on Channels 988, 67, 59</u> Chair Exercise 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.	
<u>Schmooze in Lobby Bring a Neighbour</u> Coffee & Tea Served 2:00 p.m.	<u>Neighbour Schmooze</u> June 30-10 th Floor 3:15 p.m.	<u>Rummy Q</u> 6:30 p.m. 6th Floor Lounge	<u>Mussar Discussion Group</u> 3:15 p.m.	<u>Hebrew Speaking Club with Tanya</u> June 26 3:15 p.m. Fireside Lounge	<u>Orthodox Synagogue Services</u> Refer to the schedule on the recreation board.	
<u>Movie Matinee</u> 1:30 p.m. Fireside Lounge	<u>Knitting and Crochet Group</u> June 9, 23 4:00 p.m.	<u>TV Series</u> Downton Abbey 7:00 p.m.	<u>Modern Movie Night</u> 7:00 p.m.	<u>Montrealer’s Group</u> June 26 3:30 p.m.		<u>Chair Tai Chi</u> 2:00 a.m.,10:00 a.m.
<u>Yoga Class</u> 2:00 – 3:00 p.m.	<u>Bridge</u> 7:00 p.m. 11 th Floor Lounge		<u>Outing- Restaurant-Swiss Chalet</u> June 18 11:30 a.m. -2:00 p.m. *registration required; sign up at concierge desk *additional details on recreation board	<u>Film Club</u> June 5, 19 7:00 p.m.		<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.
<u>Choir</u> 3:30 p.m. No Choir June 22	<u>Mahjong</u> 7:00 p.m. Lobby			<u>Rummy Q</u> 6:30 p.m. 6th Floor		<u>Meditation</u> 9:00 p.m.
<u>Retro Movie Night</u> 7:00 p.m.						Additional program details will be posted on the recreation board
All Programs take place in Assembly Room unless noted						