

# September 2025

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>OUTING</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m.,7:00 p.m., 11:00 p.m.	Thursday September 11 3:30 p.m. Assembly Room	Ripley's Aquarium September 10 <sup>th</sup> 9:30 a.m. – 1:30 p.m. *registration required; sign up at concierge desk will be open on September 2 <sup>nd</sup> *additional details on recreation board.
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	<u>NEW RESIDENT SUPPORT GROUP</u>  Monday, September 8 3:00 p.m. Boardroom
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday September 18 2:00 p.m. <u>Entertainer:</u> Rhonda Silver Assembly Room	
<u>Meditation</u> 9:00 p.m.	<u>KNITTING &amp; CROCHET GROUP</u>	
<u>BRIDGE WITH JONATHAN</u>	Monday September 8 ,22 4:00 p.m. Assembly Room	<u>HOWARD MEDNICK PRESENTATIONS</u>
Tuesday September 9, 16, 30 1:30 p.m. 11 <sup>th</sup> Floor Lounge	<u>SUNDAY MOVIE MATINEE</u>	September 3, 17 2:00 p.m.
<u>DISCUSSION WITH RODNEY</u>	Sunday 1:30 p.m. Fireside Lounge	<u>LECTURES</u>
Friday September 12, 26 2:00 p.m. Assembly Room	<u>SCHMOOZE IN LOBBY</u> <u>BRING A NEIGHBOUR</u>	September 1, 8, 10 2:00 p.m.
<u>CHOIR</u>	Coffee & Tea Served Daily 2:00 p.m. Lobby	
Sunday 3:30 p.m. Assembly Room		



## Monthly Calendar: September 2025

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. 2477

#### Concierge Desk

416-785-2500  
Ext. 2267

#### Health Center

416-785-2500  
Ext. 2292

#### Social Workers

416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

#### Recreation Staff

416-785-2500  
Charlotte Ext. 2687  
Adele



Programs subject to change.  
Please refer to daily program schedule



## Monthly Program Schedule: September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<a href="#">Coffee with the Rec Team</a> Sunday September 14, 28 9:00 a.m. Lobby	<a href="#">Sharing Dance Class with Annie</a> 10:30-11:15 a.m.	<a href="#">Balance Exercise</a> 10:15- 11:00 a.m.	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.	<a href="#">Balance Exercise</a> 10:15- 11:00 a.m.	<a href="#">Chair Exercise</a> 10:30 -11:00 a.m.	<a href="#">Orthodox Synagogue Services</a> Times noted on recreation board
<a href="#">Creative Colouring &amp; Board Games</a> 10:00 a.m. Lobby	<a href="#">Lecture: The Many Faces of Itzhak Perlman- Joseph Sharon</a> September 1 2:00 p.m.	<a href="#">Yiddish Group</a> 1:00 p.m.	<a href="#">Howard Mednick Presents: Breaking Winds with Mozart</a> September 3 2:00 p.m.	<a href="#">Concert</a> 2:00 p.m. <a href="#">September 4</a> – KlezKonnection Memorial Concert 2:30-3:30 p.m.	<a href="#">Connection Circle with Yentie &amp; Shoshana</a> 11:05 a.m. Classroom AB	<a href="#">Nature Walk with Sam</a> 10:30 a.m. Meet in Lobby
<a href="#">Jeopardy with Charlotte</a> September 28 10:30 a.m.	<a href="#">Artist Talk Series: Wearable Art of a Jewelry Designer- Ayala</a> <a href="#">Reiter</a> September 8 2:00 p.m.	<a href="#">Bridge with Jonathan</a> September 9, 16, 30 1:30 p.m. 11 <sup>th</sup> Floor Lounge	<a href="#">Lecture: Lucy Maud Montgomery- – A Trailblazing Canadian Novelist Dr. Andrew Lindsay</a> September 10 2:00 p.m.	<a href="#">September 11</a> – Marcus Schwan <a href="#">September 18</a> - Birthday Concert with Rhonda Silver <a href="#">September 25</a> - Katherine Thompson	<a href="#">Ontario Health at Home Presentation</a> September 5 1:30 p.m.	<a href="#">Schmooze in Lobby, Coffee &amp; Tea Served</a> 2:00 p.m.
<a href="#">Stretch &amp; Tone with Adele</a> September 14 10:30 a.m.	<a href="#">Sing Along</a> The Posners- September 22 2:00 p.m.	<a href="#">Bingo</a> 2:00 p.m.	<a href="#">Howard Mednick Presents: Classical Music From Spain</a> September 17 2:00 p.m.	<a href="#">Residents’ Town Hall Meeting</a> September 11 3:30 p.m.	<a href="#">Sing Along With Charlotte</a> September 19 2:00 p.m.	<a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby
<a href="#">Schmooze in Lobby Bring a Neighbour</a> Coffee & Tea Served 2:00 p.m.	<a href="#">Sweet Beginnings: A Pre-Rosh Rosh Hashana Event and Cantorial Interlude with Yentie</a> September 15 2:00 p.m.	<a href="#">Book Club</a> September 16 3:30 p.m. Classroom AB	<a href="#">Rummy Q</a> September 10 9:00 a.m. – 1:30 p.m. *registration required; sign up at concierge desk *additional details on recreation board. Sign up and flyer will be out on Tuesday September 2 <sup>nd</sup>	<a href="#">Montrealer’s Group</a> September 18 3:30 p.m.	<a href="#">Discussion with Rodney</a> September 12, 26 2:00 p.m.	<a href="#">Daily Broadcast on Channels 988, 67, 59</a> <a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.
<a href="#">Movie Matinee</a> 1:30 p.m. Fireside Lounge	<a href="#">Simcha of Sukkot- Perspectives on Happiness with Yentie and Guest Star D.J Salty</a> September 29 2:00 p.m.	<a href="#">TV Series</a> The Empress 7:00 p.m.	<a href="#">Mussar Discussion Group</a> 3:15 p.m.	<a href="#">Film Club</a> September 4 7:00 p.m.	<a href="#">Orthodox Synagogue Services</a> Refer to the schedule on the recreation board.	<a href="#">Chair Tai Chi</a> 2:00 a.m.,10:00 a.m.
<a href="#">Yoga Class</a> 2:00 – 3:00 p.m.	<a href="#">Knitting and Crochet Group</a> September 8 ,22 4:00 p.m.					<a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.
<a href="#">Choir</a> 3:30 p.m.	<a href="#">Bridge</a> 7:00 p.m. 11 <sup>th</sup> Floor Lounge					<a href="#">Meditation</a> 9:00 p.m.
<a href="#">Retro Movie Night</a> 7:00 p.m.	<a href="#">Mahjong</a> 7:00 p.m. Lobby					Additional program details will be posted on the recreation board
All Programs take place in Assembly Room unless noted						