

October 2025

Daily Broadcast on Channels 988, 67,59	RESIDENTS' TOWN HALL MEETING	PRESENTATIONS
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m.,7:00 p.m., 11:00 p.m.	Thursday October 16 3:30 p.m. Assembly Room	Howard Mednick October 27 2:00 p.m.
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	Cinema during Wartime: Home, Absence, and Reunion October 10 11:00 a.m.
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday October 23 2:00 p.m. <u>Entertainer:</u> Dr. J Assembly Room	Staying Safe from Scams and Fraud October 17 11:00 am.
<u>Meditation</u> 9:00 p.m.	<u>KNITTING & CROCHET GROUP</u>	<u>HIGH HOLIDAY PROGRAMMING</u>
<u>NEW RESIDENT WELCOME GROUP</u>	Monday October 6, 20 4:00 p.m. Assembly Room	<u>Sylvia Banack Memorial Kol Nidre Service (Conservative)</u> October 1 3:00 p.m.
Monday, October 20 3:00 p.m. Boardroom	<u>A MUSICAL MOMENT IN TIME: 65 YEARS OF THE SOUND OF MUSIC TEA</u>	<u>Sukkah Decorating</u> October 3 10:45 p.m. Sukkah outside 1 st floor dining room
<u>DISCUSSION WITH RODNEY</u>	Friday, October 24 2:00 p.m. Assembly Room	<u>Sukkah Creations with Paul Penna Day School Students</u> October 9 10:15 a.m. Classroom AB
Friday October 10, 17 2:00 p.m. Assembly Room	<u>HEALTH FAIR</u>	<u>Flavors & Reflections for Sukkot</u> October 6 2:00 p.m. Sukkah 1 st floor dining room
<u>CHOIR</u>	Wednesday October 29 1:00 p.m-3:00 p.m. Assembly Room	
Sundays 3:30 p.m. Assembly Room		



Monthly Calendar: October 2025

Contact Information

To Order Boxed Meals
416-785-2500
Ext. 2477

Concierge Desk
416-785-2500
Ext. 2267

Health Center
416-785-2500
Ext. 2292

Social Workers
416-785-2500
Yentie Ext. 5382
Tanya Ext. 2990

Recreation Staff
416-785-2500
Archana Ext. 5879
Charlotte Ext. 2687
Adele Ext. 2805



Programs subject to change.
Please refer to daily program schedule



Monthly Program Schedule: October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Sharing Dance Class with Annie 10:30-11:15 a.m.	Balance Exercise October 21, 28 10:15- 11:00 a.m.	Chair Exercise October 22, 29 10:30 -11:00 a.m.	Balance Exercise 10:15- 11:00 a.m.	Chair Exercise 10:30 -11:00 a.m.	Orthodox Synagogue Services Times noted on recreation board
Creative Colouring & Board Games 10:00 a.m. Lobby	Flavors & Reflections for Sukkot October 6 2:00 p.m. Sukkah outside 1 st floor dining room	Yiddish Group October 21, 28 1:00 p.m.	Sylvia Banack Memorial Kol Nidre Service (Conservative) October 1 3:00 p.m.	Concert 2:00 p.m. October 9— Jay Franco October 23— Birthday Concert with Dr. J October 30- Danny Zaidman	Sukkah Decorating October 3 10:45 a.m. Sukkah - 1 st floor dining room	Nature Walk with Sam 10:30 a.m. Meet in Lobby
Stretch & Tone with Adele October 5, 12 10:30 a.m.	Documentary: Unseen Wonders October 13 2:00 p.m.	Bridge with Jonathan October 21, 28 1:30 p.m. 11 th Floor Lounge	Terraces Choir Performance October 22 nd 2:30 p.m.	Sukkah Creations with Paul Penna Day School Students October 9 10:15 a.m. Classroom AB	Music Appreciation: Famous Female Singers October 3 2:00 p.m.	Schmooze in Lobby, Coffee & Tea Served 2:00 p.m.
Jeopardy with Charlotte October 19 10:30 a.m.	Sing Along The Posners October 20 2:00 p.m.	Bingo October 21, 28 2:00 p.m.	Mussar Discussion Group October 22 3:45 p.m.	Marking Two Years: A Memorial Ceremony October 16 1:30 p.m.	Lecture: Cinema during Wartime: Staying Safe from Scams and Fraud Presentation October 10 11:05 a.m. October 17 11:05 a.m.	Saturday Afternoon Sing Along with Sophie 3:00 p.m. Lobby
Sunday Movement with Archana October 26 10:30 a.m.	New Resident Welcome Group October 20 3:00 p.m. Boardroom	Book Club October 21 3:30 p.m. Classroom AB	October 29 3:15 p.m.	Residents’ Town Hall Meeting October 16 3:30 p.m.	A Musical Moment in Time: 65 Years of The Sound of Music October 24 2:00 p.m.	Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.
Concert 1:00 p.m. October 26 – Joseph Landau	Howard Mednick Presents: An Afternoon With Danny Kaye October 27 2:00 p.m.	Rummy Q 6:30 p.m. 6th Floor Lounge	Modern Movie Night October 22, 29 7:00 p.m.	Health Fair October 29 1:00 p.m.-3:00 p.m.	Chair Tai Chi 2:00 a.m.,10:00 a.m.	Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.
Movie Matinee 1:30 p.m. Fireside Lounge	Knitting and Crochet Group October 6 and 20 4:00 p.m.	TV Series The Paradise October 21, 28 7:00 p.m.	Additional program details will be posted on the recreation board	Hebrew Speaking Club with Tanya October 30 3:15 p.m. Fireside Lounge	Connection Circle with Yentie & Shoshana October 24, 31 11:05 a.m. Classroom AB	Meditation 9:00 p.m.
Yoga Class 2:00 – 3:00 p.m.	Bridge 7:00 p.m. 11 th Floor Lounge			Film Club October 23 7:00 p.m.	Discussion with Rodney October 10, 17 2:00 p.m.	Orthodox Synagogue Services Refer to the schedule on the recreation board.
Choir 3:30 p.m.	Mahjong 7:00 p.m. Lobby			Rummy Q 6:30 p.m. 6th Floor	Charterability Pontoon Outing October 10 9:30 a.m. – 3:00 p.m.	
Retro Movie Night 7:00 p.m.						
All Programs take place in Assembly Room unless noted						