### November 2025

## MEMORY CARE INDIVIDUALIZED ACTIVITIESY

**Plant Care** 

**Knitting** 

**Computer 1:1 Support** 

**Happiness Project** 

**Audiobooks** 

**Board Games** 

Walks

**Creative Expression** 

**Mental Aerobics Worksheet** 

Reading

Mindfulness

Pet Therapy

**Music Therapy** 

#### **EVENING DOG SHOW**

7:00 p.m.
Assembly Room

RESIDENT CHOIR

Sundays 3:30 p.m. Assembly Room

# MEMORY CARE FAMILY SPECIAL EVENT

Family Appreciation Day Sunday, November 9th 2:00 p.m.

# MEMORY CARE MUSIC THERAPY WITH JUSTINE

1:15 p.m. Lounge Room

#### **BIRTHDAY CONCERT**

Thursday November 20 2:00 p.m. Entertainer: Thomas Kovacs Assembly Room

#### **PRESENTATIONS & LECTURES**

Leonardo's Women
with Victor Rodos
November 3
2:00 p.m.
Benjamin Britten – A War
Requiem with Joseph
Sharon, November 12
2:00 p.m.

Classical Music
with Howard Mednick
November 17, 24
2:00 p.m.
Three Outstanding Mexican

Women November 26 2:00 p.m.

#### **SPECIAL PROGRAMMING**

Holocaust Education
The Sign that Tells a Story
Speaker: Michael Ferman
November 4
2:00 p.m.
Holocaust Education
Speaker: Gershon Willinger
November 7
1:30 p.m.

Remembrance Day Ceremony

November 11 1:30 p.m.

**Creative Expressions Exhibition** 

November 19 2:00 p.m.



### **Memory Care, Possibilities by Baycrest**

"Maximizing our residents' potential through their cognitive health journey"

#### **Contact Information**

Memory Care Nurses 416-349-1437

#### **Clinical Director**

Debs Conway Chung 437-343-1253

#### **Program Lead Curator**

Fern Fabrizi 437- 348-3927

#### **Social Workers**

416-785-2500 Yentie Ext. **5382** Tanya Ext. **2990** 

#### **Recreation Team**

Ashley Kubi Amy Goldberg Trim



<u>Possibilities by Baycrest Core Values</u> Connections, Autonomy, Purpose, and Choice.



Monthly Program Schedule: November 2025
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			gram Schedule. November 2			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Morning Walks</b>	Walks to Greenhouse	Morning Walks	Walks to Greenhouse	<b>Morning Walks</b>	Walks Greenhouse	<b>Morning Walks</b>
9:45 -10:30 a.m.	9:45 -10:30 a.m.	9:45 -10:30 a.m.	9:45 -10:30 a.m.	9:45 -10:30 a.m.	9:45 -10:30 a.m.	9:45 -10:30 a.m.
						2110 20100 0
<b>Gentle Stretching</b>	<b>Seated Yoga</b>	<b>Resistance bands Workout</b>	<b>Chair Dance</b>	<b>Seated Yoga</b>	<b>Challah Dough Making</b>	Chair Eversies
10:45 -11:45 a.m.	10:45 -11:45 a.m.	10:45 -11:45 a.m.	10:45 -11:45 a.m.	10:45 -11:45 a.m.	10:45 -11:45 a.m.	Chair Exercise
						10:45 -11:45 a.m.
	<b>Music Therapy</b>	Baking	<b>Art Therapy</b>		<b>Connection Circle with</b>	
<b>Current Events</b>	1:15- 2:00 p.m.	1:15 – 3:00 p.m.	2:00 – 3:00 p.m.	Concert	Yentie & Shoshana	<b>Discussion Group</b>
1:15 – 2:00 p.m.	Sing Along with the			2:00 p.m.	November 7, 14, 28	1:15 – 2:00 p.m.
•	<u>Posners</u>	<b>Music and Movement</b>	<b>Lecture: Benjamin Britten</b>	November 6	11:05 a.m.	·
Schmooze in the Lobby	November 10	5:30 p.m.	– A War Requiem with	Mark Youhanan	Classroom AB	Schmooze in Lobby,
Coffee & Tea Served	2:00 p.m.		Joseph Sharon	November 13		Coffee & Tea Served
2:00 p.m.			November 12	Marcus Schwan	<b>Challah Shaping &amp; Baking</b>	
•	<b>Howard Mednick:</b>	Yiddish Group	2:00 p.m.	November 20	1:30 pm	2:00 p.m.
	2:00 p.m.	Nov 4, 18, 25	·	Birthday Concert with	•	
Choir	Assembly Room	1:00 p.m.	<b>Creative Expressions</b>	Thomas Kovacs	<b>Welcome Shabbat</b>	<b>Sing Along with</b>
3:30 p.m.	November 24		Exhibition	November 27	5:30 p.m.	<b>Sophie</b>
D. 10 0 p. 1111	Leroy Anderson – An		November 19	Enchanted Flutes	·	3:00 p.m.
Family Appreciation Day	American Original	<u>Jeopardy</u>	2:00 p.m. – 3:30 p.m.			Lobby
November 9		November 18, 25	·		<b>Music Appreciation with</b>	LODDY
2:00 p.m. – 3:00 p.m.	<b>Stuart Solway: Travel</b>	2:15 p.m.	Lecture: Three	<b>Dinner Club</b>	<b>Charlotte: Frank Sinatra</b>	Havdalah Chabbat
	Presentation	Classroom AB	Outstanding Mexican	November 6 and 13	November 28	Havdalah Shabbat
	November 17		Women	5:00 p.m.	2:00 p.m.	5:30 p.m.
Creative Expression	2:30 p.m.		November 26	•	·	
Coffee & Tea Served	•	<b>Remembrance Day</b>	2:00 p.m.	<b>Music Program</b>		
5:30 p.m.	<b>Active Games</b>	Ceremony	·	5:45 p.m.		
5.50 μ	2:15 – 3:15 p.m.	November 11	Diseas Niels	•		
		1:30 p.m.	Bingo Night	Dog Show		
	Travelogue	·	5:30 p.m.	November 27		
	5:30 p.m.			7:00 p.m.		
			Programs are Subject to Change			