December 2025

Daily Broadcast on Channels 988, 67,59

Chair Exercise

9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

Chair Tai Chi

2:00 a.m., 10:00 a.m.

Standing Tai Chi

10:30 a.m., 4:00 p.m., 8:00 p.m.

Meditation

9:00 p.m.

OUTING

Yorkdale Mall Outing

Thursday December 11
9:30-1:45 p.m.

*registration required; sign up
at concierge desk starting on
Monday December 1
Last day to sign up is Sunday
December 7

*additional details on flyer

CHOIR

Sundays 3:30 p.m. Assembly Room

NEW RESIDENT WELCOME GROUP

Monday December 29 3:15 p.m. Boardroom

RESIDENTS' TOWN HALL MEETING

Thursday December 11 3:30 p.m.
Assembly Room

BIRTHDAY CONCERT

Thursday December 18
2:00 p.m.
Entertainer: James Regan
Assembly Room

KNITTING & CROCHET GROUP

Monday December 15, 29 4:00 p.m. Classroom AB

DISCUSSION WITH RODNEY

Friday December 5
Monday December 29
2:00 p.m.
Assembly Room

LOBBY PIANIST - ARI POSNER

Tuesday December 9, 23 3:15 p.m. Lobby

HARD OF HEARING CLUB

Monday December 1, 15 3:30 p.m. Fireside Lounge

CHANUKAH

Creative Connections:

Chanukah Edition
Friday December 12
2:00 p.m.

Generations of Light with

Yentie

Monday December 15 2:00 p.m.

Museum on Wheels – The

History of Chanukah

Tuesday December 16 2:00 p.m.

Chanukah Party with Janie

<u>Respitz</u>

Wednesday December 17 2:00 p.m.

Terraces Choir Holiday Performance

Friday December 19 2:00 p.m.

Chanukah Candle Lighting In Dining Room

Details & Times to be Confirmed

check recreation board for more information



Monthly Calendar: December 2025

Contact Information

To Order Boxed Meals

416-785-2500

Ext. **2477**

Concierge Desk

416-785-2500 Ext. **2267**

Health Center

416-785-2500 Ext. **2292**

Social Workers

416-785-2500 Yentie Ext. **5382** Tanya Ext. **2990**

Recreation Staff

416-785-2500 Archana Ext. Charlotte Ext. Adele Ext.



Programs subject to change.

Please refer to daily program schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team	Sharing Dance Exercise with	Balance Exercise	Chair Exercise	Balance Exercise	Chair Exercise	Orthodox Synagogue
9:00 a.m.	<u>Annie</u>	10:15- 11:00 a.m.	10:30 -11:00 a.m.	10:15- 11:00 a.m.	10:30 -11:00 a.m.	<u>Services</u>
Lobby	10:30-11:15 a.m.	Yiddish Group		No Balance Exercise Dec 4		Times noted on recreation
	<u>Chair Exercise</u>	1:00 p.m.	Howard Mednick:		Discussion with Rodney	board
Games Café & Creative	December 29	1.00 p.m.	2:00 p.m.	Concert	December 5	Schmooze in Lobby,
Colouring with Volunteers	10:30-11:00 a.m.	Bridge with Jonathan	December 3 - Get A Handel On	2:00 p.m.	2:00 p.m.	Coffee & Tea Served
10:00 a.m.	The Art of Aging Calendar	December 2, 9	History	<u>December 4</u> – No Concert –		
Classroom AB	Celebration	1:30 p.m.	December 24 - Classics For	Vaccine Day	Creative Connections:	2:00 p.m.
	December 1	11th Floor Lounge	The Winter Season	December 11 – Isaac	Chanukah Edition	Saturday Afternoon Sing
Sunday Movement with	2:00 p.m.	ta a manda	Concert	Muzikansky	December 12	Along with Sophie
<u>Archana</u>	Lecture: Rembrandt: Portraits	<u>Jeopardy</u>	2:00 p.m.	<u>December 18</u> Birthday Concert	2:00 p.m.	3:00 p.m.
December 7, 21	of Genius with Paul Dias	December 9, 23	December 10 – Rhonda Silver	- James Regan		Lobby
10:30 a.m.	December 8	2:15 p.m.		<u>December 25</u> – No Concert	Walker and Wheelchair Clinic	Reform Service with Rabbi
	2:00 p.m.	Classroom AB	Chanukah Party with Janie	Statutory Holiday	with MedPlus	<u>Rena</u>
Sweat & Shine Exercise with	Generations of Light with	Museum on Wheels: History of			December 12	December 20th
<u>Charlotte</u>	Yentie	Chanukah	December 17	Residents' Town Hall Meeting	9:30 – 12:00 p.m.	10:00 a.m.
December 28	December 15	December 16	2:00 p.m.	December 11	Classroom AB	Daile Breadast er
10:30 a.m.	2:00 p.m.	2:00 p.m.	2.00 p	3:30 p.m.	Additional details to be posted	Daily Broadcast on
	·		Modern Movie Night	Hebrew Speaking Club	on Recreation Board	<u>Channels 988, 67, 59</u>
Stretch & Tone with Adele	Sing Along	<u>Bingo</u>	7:00 p.m.	December 18		Chair Exercise
December 14	The Posners	2:00 p.m.	Mussar Discussion Group	3:00 p.m.	Terraces Choir Holiday	9:30 a.m., 11:00 a.m.
10:30 a.m.	December 22	No Bingo on Dec 16	-	Fireside Lounge	<u>Performance</u>	2:00 p.m., 7:00 p.m., 11:00
	2:00 p.m.	Book Club	3:15 p.m.	Andre Rieu in Paris Concert	December 19	p.m.
Movie Matinee	Knitting and Crochet Group	December 16	Reflecting on 2025	December 25 th	2:00 p.m.	•
1:30 p.m.	December 15, 29	3:30 p.m.	December 31	2:00 p.m.		<u>Chair Tai Chi</u>
Fireside Lounge	4:00 p.m.	Classroom AB	2:00 p.m.	Film Club	Connection Circle with Yentie &	2:00 a.m.,10:00 a.m.
	Classroom AB	Glassi selli 715		December 4, 25	<u>Shoshana</u>	Standing Tai Chi
Yoga Class	Duidee	Rummy Q		7:00 p.m.	December 5, 12, 19	
2:00 p.m.	Bridge	6:30 p.m.	All Programs take place in	·	11:05 a.m.	10:30 a.m., 4:00 p.m.,
	7:00 p.m.	6th Floor Lounge	Assembly Room	Rummy Q	Classroom AB	8:00 p.m.
<u>Choir</u>	11 th Floor Lounge	TV Series	unless noted	6:30 p.m.		Meditation
3:30 p.m.	Mahjong 7:00 n m	The Paradise		6th Floor	Amazon Rainforest	9:00 p.m.
	7:00 p.m.	7:00 p.m.		Yorkdale Mall Outing	Documentary	3.00 p.iii.
Retro Movie Night	Lobby Discussion with Rodney	7.00 p.iii.		December 11	December 26	
7:00 p.m.	December 29	Lobby Pianist Ari Posner		9:30 – 1:45 p.m.	2:00 p.m.	
	2:00 p.m.	December 9, 23		Sign up at Concierge Desk		
	2.00 p	3:15 p.m.		starting on Monday December	Additional program details	
	Indoor Walking Group	Lobby		1; additional details on flyer	will be posted on the	
	4:00 p.m.			,	recreation board	
	Assembly Room				ica cation soura	