

December 2025- Terraces



Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey”

Contact Information

Memory Care Nurses
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Recreation Team
Ashley Kubi
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Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

Baycrest

MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES	Classical Music Presentation	CHANUKAH
Plant Care	December 3 Get A Handle on History	<u>Creative Connections:</u> <u>Chanukah Edition</u> Friday December 12 2:00 p.m.
Knitting	December 24 Classics for the Winter Season 2:00 p.m.	<u>Generations of Light</u> Monday December 15 2:00 p.m.
Computer 1:1 Support	<u>Ari Posner, Pianist</u>	<u>Museum on Wheels – The</u> <u>History of Chanukah</u> Tuesday December 16 2:00 p.m.
Happiness Project	December 9 3:15 p.m.	<u>Terrace Chanukah Party</u> Wednesday December 17 2:00 p.m.
Audiobooks	<u>Ari Posner, Pianist</u>	<u>Terraces Choir Holiday</u> <u>Performance</u> Friday December 19 2:00 p.m.
Board Games	December 9 3:15 p.m. Lobby	<u>Chanukah Candle Lighting</u> <u>In Main Dining Room and</u> <u>Memory Care Community</u> <u>December 14 – 21st</u>
Walks	<u>CONCERTS</u>	<u>A Year in Review Program</u>
Creative Expression	December 10-RhondaSilver	December 31 2:00 p.m.
Mental Aerobics Worksheet	December 11-Isaac Muzikansky	
Reading/Story Telling	December 18 – Birthday Concert with James Regan 2:00 p.m.	
Mindfulness	<u>Terrace Choir Performance</u> December 19 at 2:00 p.m.	
Pet Therapy	<u>Sing along with the</u> <u>Posners</u> December 22 at 2:00 p.m.	
Music Therapy		
OCAD STUDENT PRESENTATION		
Monday, December 8 11:00 a.m. Student to present final projects to the community		

Monthly Program Schedule: December 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>
<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.
<u>Gentle Stretching</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Dance</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance bands Workout</u> 10:45 -11:45 a.m.	<u>*Reform Services with Rabbi Rena*</u> December 20 10:00 a.m. Assembly Room
<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	
<u>Current Events Discussion</u> 1:30 – 2:30 p.m.	<u>Music Therapy Group</u> 1:15- 2:00 p.m.	<u>Yiddish Group</u> 1:00 p.m. Assembly Room	<u>Community Dog Visit</u> 1:00 p.m.	<u>Concert</u> 2:00 p.m.	<u>Challah Baking</u> 2:00 p.m.	<u>Chair Exercise</u> 10:45 -11:45 a.m.
<u>Schmooze in the Community</u> 2:00 p.m.	<u>Green Thumb Gardener</u> 2:15 – 3:00 p.m.	<u>Baking</u> 1:30 – 3:00 p.m. <u>*Latka Making*</u> December 9 Shortbread Cookies December 23	<u>Creative Arts</u> 1:30 -2:30 p.m.	<u>Table Top Activity</u> 3:00 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.
<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.		<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Dinner Club</u> 4:30 p.m.		<u>Singalong</u> 2:00 p.m.
<u>*Community Chanukah Party*</u> December 21 2:00 p.m.		<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>*L’Chaim New Year’s Celebration*</u> <u>December 31</u> 5:30 p.m.	<u>Variety Hour</u> 6:00 p.m.	<u>Celebrating Shabbat in the Community</u> 5:30 p.m.	<u>*National Hot Chocolate Day with Sufganiyot*</u> <u>(Crafts & Trivia)</u> December 13 2:00 p.m.
<u>Music Appreciation</u> 5:30 p.m.	<u>Travelogue</u> 5:30 p.m.	<u>Creative Expression</u> 5:30 p.m.	<u>Bingo Night</u> 5:30 p.m.			<u>Table Top Activity</u> 2:45 – 3:30 p.m.
						<u>Havdalah Shabbat</u> 5:30 p.m.
		<i>(PROGRAMS ARE SUBJECT TO CHANGE)</i>				