

January 2026

DAILY BROADCAST ON CHANNELS <u>988, 67,59</u>	RESIDENTS' TOWN HALL MEETING	SPECIAL EVENTS
Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday January 15 3:30 p.m. Assembly Room	Piano Concert with Max Tian Thursday January 1 2:00 p.m.
Chair Tai Chi 2:00 a.m., 10:00 a.m.	BIRTHDAY CONCERT Thursday January 15 2:00 p.m. Entertainer: Rhonda Silver	Ring in the New Year with the Sparklettes Friday January 2 2:00 p.m.
Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.	Assembly Room	Piano Concert with Evelyn Greenberg Monday, January 12 1:30 p.m.
Meditation 9:00 p.m.	KNITTING & CROCHET GROUP Monday January 12, 26 4:00 p.m. Classroom AB	North York Concert Band Thursday January 29 7:00 p.m.
OUTING Canadian Opera Company Thursday January 8 10:00 a.m. - 2:30 p.m. *registration required; sign up at concierge desk starting on Tuesday December 30 Last day to sign up is Monday January 5 *additional details on flyer	DISCUSSION WITH RODNEY Friday January 9, 16 2:00 p.m. Assembly Room	LECTURES Wonders of the World...? It's a Wonder We Survived with Tamara West Monday January 5 2:00 p.m.
CHOIR Sundays 3:30 p.m. Assembly Room	HARD OF HEARING CLUB Monday, January 15, 19 3:30 p.m. Fireside Lounge	The Psychology of Keeping New Years' Resolutions with Paul Dias Monday January 12 2:45 p.m.
	NEW RESIDENT WELCOME GROUP Monday January 19 3:15 p.m. Boardroom	



Baycrest Terraces
Residence and Community
Where life thrives

AL Monthly Calendar: January 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. 2477

Concierge Desk

416-785-2500
Ext. 2267

Health Center

416-785-2500
Ext. 2292

Social Workers

416-785-2500
Yentie Ext. 5382
Tanya Ext. 2990

Recreation Staff

416-785-2500
Adele Ext. 2805
Archana Ext. 5879
Charlotte Ext. 2687



Programs subject to change.
Please refer to daily program schedule

Baycrest

AL Monthly Program Schedule: January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Chair Exercise 10:30 a.m. 3 rd floor Chair Exercise 11:15 a.m. 4 th floor Chair Exercise 10:30-11:00 a.m. Lecture: Travel Presentation with Tamara West January 5. 2:00 p.m. Let's Celebrate 2026 1:15 p.m. 4 th Floor Lecture: The Psychology of Keeping New Years' Resolutions with Paul Dias January 12. 2:45 p.m. Table Games January 12, 19, 26 1:15 p.m. Howard Mednick: John Williams - Music's Mr. Everything January 19. 2:00 p.m. New Resident Welcome Group January 19. 3:15 p.m. Boardroom Sing Along The Posners January 26. 2:00 p.m. Hard of Hearing Club January 5, 19. 3:00 p.m. (Time change) Fireside Lounge Knitting and Crochet Group January 12, 26 4:00 p.m. Classroom AB Bridge 7:00 p.m. 11 th Floor Lounge Mahjong 7:00 p.m. Lobby Indoor Walking Group 4:00 p.m.	Chair Exercise 10:30 a.m. 3 rd floor 11:15 a.m. 4 th floor Balance Exercise 10:15- 11:00 a.m. Therapy Dog Visit January 13. 10:00 a.m. Yiddish Group No Yiddish Jan 27 1:00 p.m. Bingo No Bingo Jan 27 2:00 p.m. Bridge with Jonathan January 6, 20. 1:30 p.m. 11 th Floor Lounge Word Game January 6. 2:15 p.m. Classroom AB Jeopardy January 13. 2:15 p.m. Classroom AB Lobby Pianist Ari Posner January 13. 3:15 p.m. Lobby Book Club January 20. 3:30 p.m. Classroom AB Presentation: International Holocaust Remembrance Day January 27. 1:30 p.m. Classroom AB Rummy Q 6:30 p.m. 6th Floor Lounge TV Series A Man On The Inside 7:00 p.m.	Chair Exercise 10:30 a.m. 3 rd floor 11:15 a.m. 4 th floor Sharing Dance Exercise with Annie (New Date) 10:30-11:15 a.m. Artist Talk: Bareket January 7. 2:00 p.m. Who, What, Where am I? January 7, 21. 1:15 p.m. 4 th Floor Presentation: Journey through Lynn's Photography January 14. 2:00 p.m. Music Appreciation with Charlotte: Frank Sinatra January 21. 2:00 p.m. Howard Mednick: Are Broadway Musicals Really Opera? January 28 2:00 p.m. National Croissant Day January 28. 3:15 p.m. 3 rd Floor Mussar Discussion Group 3:15 p.m. Modern Movie Night 7:00 p.m. All Programs take place in Assembly Room unless noted	Chair Exercise 10:30 a.m. 3 rd floor 11:15 a.m. 4 th floor Balance Exercise 10:15- 11:00 a.m. Concert 2:00 p.m. January 1 – Piano Concert with Max January 8 – Jordan Klapman January 15 – Birthday Concert with Rhonda Silver January 22 – Noah Costa January 29 – Joseph Landau Film Club January 8 7:00 p.m. Residents' Town Hall Meeting January 15 3:30 p.m. Hebrew Speaking Club January 22 3:00 p.m. Fireside Lounge Montrealer's Group January 22 3:15 p.m. North York Concert Band Performance January 29 7:00 p.m. Rummy Q 6:30 p.m. 6th Floor	Chair Exercise 10:30 a.m. 3 rd floor 11:15 a.m. 4 th floor Chair Exercise 10:30 -11:00 a.m. Connection Circle with Yentie & Shoshana 11:05 a.m.. Classroom AB Guided Art January 9.3:15 p.m. 3 rd Floor Ring in the New Year Party January 2. 2:00 p.m. Discussion with Rodney January 9, 16. 2:00 p.m. Brain Games January 16, 23. 3:15 p.m. Walker and Wheelchair Clinic with MedPlus January 23 9:30 – 12:00 p.m. Classroom AB Additional details to be posted on Recreation Board Food Meeting January 23. 2:00 p.m. Piano Performance Noah and Jordan January 30. 2:00 p.m. Additional program details will be posted on the recreation board	Orthodox Synagogue Services Times noted on recreation board Schmooze in Lobby, Coffee & Tea Served 2:00 p.m. Saturday Afternoon Sing Along with Sophie 3:00 p.m. Lobby Reform Service with Rabbi Rena January 24 10:00 a.m. Broadway Musical Night 7:00 p.m. Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m. Chair Tai Chi 2:00 a.m.,10:00 a.m. Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m. Meditation 9:00 p.m.