

February 2026 - Terraces



Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

Contact Information

Memory Care Nurses
416-349-1437

Clinical Director
Debs Conway Chung
437-343-1253

Program Lead Curator
Fern Fabrizi
437- 348-3927

Social Workers
416-785-2500
Yentie Ext. **5382**
Tanya Ext. **2990**

Recreation Team
Ashley Kubi
Amy Goldberg Trim



Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

Baycrest

Thursday Afternoon Concerts

Feb. 5 –Rami & Gina
Feb. 12 –Mark Y.
Feb.19- Dr. J
Feb. 26- Havergal Choir

Lectures & Presentations

Staying Safe from Scams and Fraud

Wednesday February 4
2:00 p.m.

Paul Dias presents Martin Luther King

Wednesday, February 11
2:00 p.m.

Wheel-Trans Information Session

Wednesday February 18
2:00 p.m.

Jazz Heroines with Lucas Hung

Wednesday February 25
2:00 p.m.

Andre Ivory: Seeing humanity

Friday February 6
11:00 a.m.

DISCUSSION WITH RODNEY

Friday February 6, 20
2:00 p.m.
Assembly Room

Singalong with the Posner

Monday, February 23
2:00 p.m.
Assembly Room

Birthday Concert

Thursday February 19
2:00 p.m.
Entertainer: Dr. J
Assembly Room

Theme Day: Chinese New Year

CHINESE NEW YEAR
Tuesday, February 17
Photobooth- 11:00 a.m.
Assembly Room

Dancers- 2:00 p.m.
Assembly Room
Refreshments 3:00 p.m.
Main Floor Lobby

MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

Horticulture
Happiness Project

Audiobooks

Board Games

Walks

Creative Expression

Mental Aerobics Worksheet

Reading/Story Telling

Mindfulness

Pet Therapy

Music Therapy

Computer 1:1 Support

MEMORY CARE FAMILY DAY HANDS ON EXOTIC ANIMALS SHOW

Monday, February 16th
2:00 p.m.
Memory Care
Community
Family to RSVP to
Recreation Team

Monthly Program Schedule: February 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven
Morning Walks 9:45 -10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.	Walks Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.
Gentle Stretching 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance Bands Workout 10:45 -11:45 a.m.	Chair Dance 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance bands Workout 10:45 -11:45 a.m.	Chair Exercise 10:45 -11:45 a.m.
Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.
Current Events Discussion 1:30 – 2:30 p.m.	Music Therapy Group 1:15- 2:00 p.m.	Yiddish Group 1:00 p.m.	Community Dog Visit 1:00 p.m.	Concert 2:00 p.m.	Challah Baking 2:00 p.m.	Singalong 2:00 p.m.
Schmooze in the Community 2:00 p.m.	*Family Day, Feb. 16th* Hands on Exotics 2:00 p.m.	Baking Feb 10 th —Pizza Day 1:30 – 3:00 p.m.	Creative Arts 1:30 -2:30 p.m.	Table Top Activity 3:00 – 3:45 p.m.	World Radio Day Music Program 2:00 p.m.	Table Top Activity 2:45 – 3:30 p.m.
Table Top Activity 2:45 – 3:45 p.m.	Green Thumb Gardener 2:15 – 3:00 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Black History Month Program 2:00 p.m.	Dinner Club 4:30 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Havdalah Shabbat 5:30 p.m.
Music Appreciation 5:30 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Creative Expression 5:30 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Variety Hour 6:00 p.m.	Celebrating Shabbat in the Community 5:30 p.m.	
	Travelogue 5:30 p.m.		Bingo Night 5:30 p.m.			
			(Programs are subject to change)			