March 2026 - Terraces

MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

Horticulture

Happiness Project

Audiobooks

Board Games

Walks

Creative Expression

Mental Aerobics Worksheet

Reading/Story Telling

Mindfulness

Pet Therapy

Music Therapy

Technology 1:1 Support

PURIM CELEBRATION

Tuesday, March 3
Megillah Reading
10:30 a.m.
&
Purim Party
2:00 p.m.
Wear a Costume!

Assembly Room

Classical Music Presentation with Howard Mednick

March 6 & 25
2:00 p.m.

Assembly Room

Music Appreciation

Monday, March 9
2:00 p.m.

Assembly Room

Birthday Concert

Thursday, March 18
2:00 p.m.

Entertainer: Rhonda Silver

Assembly Room

SPECIAL PERFORMANCE Terrace Resident Choir Performance

Friday, March 20
2:00 p.m.

Assembly Room

Singalong with the Posners

Monday, March 23
2:00 p.m.

Assembly Room

Thursday Afternoon Concerts

March 5 – Joseph Landau
March 12 – Jordan Klapman
March 26 – Dr. J
Assembly Room

"Find Your Inner Calm" Pre-Passover Event with Social Worker, Yentie

Tuesday, March 24
2:00 p.m.

Assembly Room

SPECIAL PERFORMANCE Shir Harmony Choir

Sunday. March 29
1:30 p.m.

Assembly Room

Baycrest Terraces
Residence and Community
Where life thrives

Memory Care, Possibilities by Baycrest

"Maximizing our residents' potential through their cognitive health journey."

Contact Information

Memory Care Nurses
416-349-1437

Clinical Director
Debs Conway Chung
437-343-1253

Program Lead Curator
Fern Fabrizi
437- 348-3927

Social Workers
416-785-2500
Yentie Ext. **5382**
Tanya Ext. **2990**

Recreation Team
Ashley Kubi
Amy Goldberg Trim
Andrea Nwokeli

HAPPY PURIM
פורים שמח

Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

Baycrest

Monthly Program Schedule: March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven
Morning Walks 9:45 -10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.	Walks Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.
Gentle Stretching 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance Bands Workout 10:45 -11:45 a.m.	Chair Dance 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance bands Workout 10:45 -11:45 a.m.	Chair Exercise 10:45 -11:45 a.m.
Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.
Current Events Discussion 1:30 – 2:30 p.m.	Music Therapy Group 1:15- 2:00 p.m.	Yiddish Group 1:00 p.m. Assembly Room	Community Dog Visit 1:00 p.m.	Concert 2:00 p.m. Assembly Room	Challah Baking 2:00 p.m.	Singalong 2:00 p.m.
Schmooze in the Community 2:00 p.m.	Anniversary Celebration March 2nd 2:00 p.m.	Baking 1:30 – 3:00 p.m.	Creative Arts 1:30 -2:30 p.m.	Table Top Activity 3:00 – 3:45 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Table Top Activity 2:45 – 3:30 p.m.
Table Top Activity 2:45 – 3:45 p.m.	Green Thumb Gardener 2:15 – 3:00 p.m.	Intergenerational Program with Hillel March 3rd 2:00 p.m.	Table Top Activity 2:45 – 3:45 p.m.	National Plant a Flower Horticulture 5:30 p.m.	Celebrating Shabbat in the Community 5:30 p.m.	Havdalah Shabbat 5:30 p.m.
Music Appreciation 5:30 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Bingo Night 5:30 p.m.	Variety Hour 6:00 p.m.		
(Programs are subject to change, based on residents needs)	Travelogue 5:30 p.m.	Creative Expression 5:30 p.m.				