

March 2026



AL Monthly Calendar: March 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. 2477

Concierge Desk

416-785-2500
Ext. 2267

Health Center

416-785-2500
Ext. 2292

Social Workers

416-785-2500
Yentie Ext. 5382
Tanya Ext. 2990

Recreation Staff

416-785-2500
Archana Ext. 5879
Charlotte Ext. 2687



Programs subject to change.
Please refer to daily program schedule

Daily Broadcast on Channels 988, 67,59	RESIDENTS' TOWN HALL MEETING	PURIM
<p>Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p>Chair Tai Chi 2:00 a.m., 10:00 a.m.</p> <p>Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p>Meditation 9:00 p.m.</p>	<p>Thursday, March 12 3:30 p.m. Assembly Room</p>	<p>Museum on Wheels: The History of Purim Monday, March 2 2:00 Assembly Room</p>
	BIRTHDAY CONCERT	<p>Purim Concert with Janie Resnitz Tuesday, March 3 2:00</p>
	<p>Wednesday, March 18 2:00 p.m. Entertainer: Rhonda Silver Assembly Room</p>	<p>Information regarding services and Megillah reading to be posted on the Recreation Board</p>
	KNITTING & CROCHET GROUP	LECTURES AND PRESENTATIONS
	<p>Monday, March 16, 30 3:30 p.m. Classroom AB</p>	<p>Presentation: Living Well with Vision Loss Wednesday March 11 2:00 p.m.</p>
<p>Feeling Free- Find your Inner Calm - Pre- Passover Event with Yentie</p> <p>Tuesday, March 24 2:00 Assembly Room</p>	DISCUSSION WITH RODNEY	<p>Impressionism: Sketches of Beauty – with Paul Dias Monday March 16 2:00 p.m.</p>
	<p>Friday, March 13, 27 2:00 p.m. Assembly Room</p>	FOOD MEETING
	HARD OF HEARING CLUB	<p>Monday, March 30 2:00 p.m. Assembly Room</p>
	<p>Monday, March 2, 16, 30 3:00 p.m. Fireside Lounge</p>	
	NEW RESIDENT WELCOME GROUP	
	<p>Monday, March 23 3:15 p.m. Boardroom</p>	
	NEIGHBOURHOOD SCHMOOZE	
<p>Tuesday, March 10 3:30 p.m. 3rd Floor Lounge</p>		

Feeling Free- Find your Inner Calm - Pre- Passover Event with Yentie

CLOTHING SALE

Roselynn Fashions
Friday March 6
10 a.m. – 3 p.m.
Classroom AB

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Coffee with the Rec Team 9:00 a.m. Lobby</p> <p>Games Café & Creative Colouring with Volunteers 10:00 a.m. Classroom AB</p> <p>Exercise and Games with Diana 10:30 a.m. 4th Floor</p> <p>No Exercise March 8</p> <p>Sunday Movement with Archana March 1 10:30 a.m.</p> <p>Trivia with Charlotte: International Women’s Day March 8 2:00 p.m.</p> <p>Sweat and Shine Exercise with Charlotte March 22 10:30 a.m.</p> <p>Concert with Shir Harmony March 29 1:30 p.m.</p> <p>Movie Matinee 1:30 p.m. Fireside Lounge</p> <p>Yoga Class March 1, 15, 22 2:00 p.m.</p> <p>March 8, 29 10:30 a.m. (Time change)</p> <p>Choir 3:30 p.m. No Choir March 1</p> <p>Retro Movie Night 7:00 p.m.</p>	<p>Chair Exercise 10:30 a.m. 3rd floor 11:15 a.m. 4th floor No Chair Exercise March 2</p> <p>Chair Exercise 10:30-11:00 a.m. Music Therapy with Justine 3:15 p.m. 4th Floor</p> <p>Games with Thomas 4:00 p.m. 4th Floor</p> <p>Museum on Wheels: The History of Purim March 2 2:00 p.m.</p> <p>Music Appreciation: Music from WWII March 9 2:00 p.m.</p> <p>Impressionism: Sketches of Beauty – with Paul Dias March 16 2:00 p.m.</p> <p>New Resident Welcome Group March 23 3:15 p.m. Boardroom</p> <p>Sing Along The Posners March 23 2:00 p.m.</p> <p>Hard of Hearing Club March 2, 16, 30 3:00 p.m. Fireside Lounge</p> <p>Knitting and Crochet Group March 16, 30 3:30 p.m. Classroom AB</p> <p>Indoor Walking Group 4:00 p.m.</p> <p>Bridge 7:00 p.m. 11th Floor Lounge</p>	<p>Chair Exercise 10:30 a.m. 3rd floor 11:15 a.m. 4th floor No Chair Exercise March 3</p> <p>Balance Exercise 10:15- 11:00 a.m. No Balance Exercise on March 3</p> <p>Purim Concert with Janie 2:00 p.m. Assembly Room</p> <p>Yiddish Group 1:00 p.m. No Yiddish on March 3</p> <p>Bingo 2:00 p.m. No Bingo March 3, 24</p> <p>Jeopardy March 17, 31 2:15 p.m. Classroom AB</p> <p>Bridge with Jonathan March 10, 24 1:30 p.m. 11th Floor Lounge</p> <p>Lobby Pianist Ari Posner March 17, 24 3:15 p.m. Lobby</p> <p>Book Club March 17 3:30 p.m. Classroom AB</p> <p>Rummy Q 6:30 p.m. 6th Floor Lounge</p> <p>TV Series Queen Charlotte: A Bridgerton Story 7:00 p.m.</p>	<p>Chair Exercise 10:30 a.m. 3rd floor No Chair Exercise March 4 11:15 a.m. 4th floor</p> <p>Sharing Dance Exercise with Annie 10:30-11:15 a.m.</p> <p>Art Program: Pots in Bloom with Havergal Students March 4 2:00 p.m.</p> <p>Presentation: Living Well with Vision Loss March 11 2:00 p.m.</p> <p>Birthday Concert with Rhonda Silver March 18 2:00 p.m.</p> <p>Howard Mednick Presents March 25 - Gilbert & Sullivan – Biting Satire, Bright Music 2:00 p.m.</p> <p>Mussar Discussion Group 3:15 p.m.</p> <p>Modern Movie Night 7:00 p.m.</p> <p>All Programs take place in Assembly Room unless noted</p>	<p>Chair Exercise 10:30 a.m. 3rd floor No Chair Exercise March 5 11:15 a.m. 4th floor</p> <p>Balance Exercise 10:15- 11:00 a.m.</p> <p>Concert 2:00 p.m. March 5 – Joseph Landau March 12 – Jordan Klapman March 26 – Dr. J</p> <p>Film Club March 5, 26 7:00 p.m.</p> <p>Residents’ Town Hall Meeting March 12 3:30 p.m.</p> <p>Intergenerational Learn-In Day with Students from Bialik March 19 2:00 p.m.</p> <p>Hebrew Speaking Club March 26 3:15 p.m. Fireside Lounge</p> <p>Rummy Q 6:30 p.m. 6th Floor</p> <p>Additional program details will be posted on the recreation board</p>	<p>Chair Exercise 10:30 a.m. 3rd floor 11:15 a.m. 4th floor</p> <p>Chair Exercise 10:30 -11:00 a.m.</p> <p>Connection Circle with Yentia & Shoshana 11:05 a.m. Fireside Lounge</p> <p>Clothing Sale - Roselynn Fashions March 6 10 a.m. – 3 p.m. Classroom AB</p> <p>Howard Mednick Presentation March 6 - Rodgers & Hammerstein 2:00 p.m.</p> <p>Discussion with Rodney March 13, 27 2:00 p.m.</p> <p>Terraces Choir Performance March 20 2:00 p.m.</p>	<p>Orthodox Synagogue Services Times noted on recreation board</p> <p>Schmooze in Lobby, Coffee & Tea Served 2:00 p.m.</p> <p>Broadway Musical Night March 7 7:15 p.m.</p> <p>Sing Along with Sophie 3:00 p.m. Lobby</p> <p>Reform Service with Rabbi Rena March 7, 14 10:00 a.m.</p> <p>Daily Broadcast on Channels 988, 67, 59 Chair Exercise 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p>Chair Tai Chi 2:00 a.m., 10:00 a.m.</p> <p>Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p>Meditation 9:00 p.m.</p>