

# April 2026

Daily Broadcast on Channels 988, 67,59	RESIDENTS' TOWN HALL MEETING	PASSOVER
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday, April 16 3:30 p.m. Assembly Room	<u>Reform Services with Rabbi Rena</u> Thursday April 2 & Wednesday April 8 10:00 a.m. Assembly Room
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	BIRTHDAY CONCERT	<u>Orthodox Services</u> Check recreation board for information
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday, April 23 2:00 p.m. <u>Entertainer: Noah Costa</u> Assembly Room	Passover Concert
<u>Meditation</u> 9:00 p.m.	DISCUSSION WITH RODNEY	Entertainer: Janie Respitz Wednesday April 1 1:30 p.m. Assembly Room
Nirkoda Israeli Dancers	Friday, April 17, 24 2:00 p.m. Assembly Room	Yom HaShoah Service
Sunday April 26 2:00 p.m. Assembly Room	HARD OF HEARING CLUB	Tuesday April 14 1:30 p.m. Assembly Room
SHOE SALE	Monday, April 13, 27 3:00 p.m. Fireside Lounge	Yom HaZikaron Service
<u>Nelly's Comfort Shoes</u> Friday April 24 11 a.m. – 3 p.m. Classroom AB	NEW RESIDENT WELCOME GROUP	Tuesday April 21 1:30 p.m. Assembly Room
KNITTING & CROCHET GROUP	Monday, April 27 3:15 p.m. Boardroom	Yom HaAtzmaut
April 13, 20 4:00 p.m. Classroom AB	OUTING: AGA KHAN MUSUEM	Concert with Isaac Muzikansky Wednesday April 22 2:00 p.m. Assembly Room
	April 29 9:45 – 1:45 p.m. Sign up at Concierge Desk starting on Tuesday April 21 <sup>st</sup> ; additional details on flyer	



**Baycrest Terraces**

Residence and Community

Where life thrives

## AL Monthly Calendar: April 2026

### Contact Information

#### To Order Boxed Meals

416-785-2500  
Ext. 2477

#### Concierge Desk

416-785-2500  
Ext. 2267

#### Health Center

416-785-2500  
Ext. 2292

#### Social Workers

416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

#### Recreation Staff

416-785-2500  
Archana Ext. 5879  
Charlotte Ext. 2687



Programs subject to change.  
Please refer to daily program schedule

# AL Monthly Program Schedule: April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#">Coffee with the Rec Team</a> 9:00 a.m. Lobby</p> <p><a href="#">Games Café &amp; Creative Colouring with Volunteers</a> 10:00 a.m. Classroom AB</p> <p><a href="#">Sunday Movement with Gurnoor</a> April 5 10:30 a.m.</p> <p><a href="#">Sunday Stretch with Archana</a> April 12 10:30 a.m.</p> <p><a href="#">Sweat and Shine Exercise with Charlotte</a> April 19 10:30 a.m.</p> <p><a href="#">Nirkoda Israeli Dancers</a> April 26 2:00 p.m.</p> <p><a href="#">Movie Matinee</a> 1:30 p.m. Fireside Lounge</p> <p><a href="#">Yoga Class</a> April 5, 12, 19 2:00 p.m. April 26 10:30 a.m. (Time change)</p> <p><a href="#">Choir</a> 3:30 p.m. April 5, 19, 26</p> <p><a href="#">Retro Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Chair Exercise</a> 10:30-11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Music therapy with Justine</a> 3:15 p.m. 4<sup>th</sup> floor</p> <p>No Music Therapy April 6th</p> <p><a href="#">Howard Mednick</a> April 6 : Gilbert &amp; Sullivan – Biting Satire, Bright Music 2:00 p.m.</p> <p>April 13: West Side Story - Leonard Bernstein's Masterpiece 2:00 p.m.</p> <p><a href="#">Active Games</a> April 6<sup>th</sup> 3<sup>rd</sup> Floor</p> <p><a href="#">Lecture: Eating to Boost Bone Health with Judy Chodirker</a> April 27 2:00 p.m.</p> <p><a href="#">Sing Along</a> The Posners April 20 2:00 p.m.</p> <p><a href="#">Hard of Hearing Club</a> April 13, 27 3:00 p.m. Fireside Lounge</p> <p><a href="#">Knitting and Crochet Group</a> April 13, 20 4:00 p.m. Classroom AB</p> <p><a href="#">Bridge</a> 7:00 p.m. 11<sup>th</sup> Floor Lounge</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m.</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Yiddish Group</a> April 7, 28 1:00 p.m. April 14, 21 3:00 p.m. (Time Change)</p> <p><a href="#">Happiness Programme with Gurnoor</a> 1:15 p.m. 3<sup>rd</sup> Floor</p> <p><a href="#">Trivia</a> 3:30 p.m. 4th Floor</p> <p><a href="#">Bingo</a> 2:00 p.m.</p> <p>No Bingo April 14, 21</p> <p><a href="#">Jeopardy</a> April 7, 28 2:15 p.m. Classroom AB</p> <p><a href="#">Bridge with Jonathan</a> April 7, 28 1:30 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#">Book Club</a> April 21 3:30 p.m. Classroom AB</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor Lounge</p> <p><a href="#">TV Series</a> Manifest 7:00 p.m.</p>	<p><a href="#">Sharing Dance Exercise with Annie</a> 10:30-11:15 a.m. No Sharing Dance on April 8</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> floor 11:00 a.m. 4<sup>th</sup> floor</p> <p><a href="#">Travelogue</a> 1:30 p.m. 3rd Floor</p> <p><a href="#">Passover Concert with Janie Respitz</a> April 1 1:30 p.m.</p> <p><a href="#">Passover Reform Service with Rabbi Rena</a> April 8 10:00 a.m.</p> <p><a href="#">Laughter Yoga Exercise</a> April 15 2:00 p.m.</p> <p><a href="#">Yom HaAtzmaut</a> Concert with Isaac Muzikansky April 22 2:00 p.m.</p> <p><a href="#">Wheel-Trans Information Session</a> April 29 2:00 p.m.</p> <p><a href="#">Mussar Discussion Group</a> 3:15 p.m. No Mussar April 1,8</p> <p><a href="#">Modern Movie Night</a> 7:00 p.m.</p>	<p><a href="#">Balance Exercise</a> 10:15- 11:00 a.m. No Balance Exercise on April 2,9</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Discussion Group</a> 3:15 p.m. 4th Floor</p> <p><a href="#">Passover Reform Service with Rabbi Rena</a> April 2 10:00 a.m.</p> <p><a href="#">Concert</a> 2:00 p.m.</p> <p>April 16– Mark Youhanan (Acapella) April 23 – Birthday Concert with Noah Costa (acapella) April 30 – Kathy Thompson</p> <p><a href="#">Film Club</a> April 16, 30 7:00 p.m.</p> <p><a href="#">Residents’ Town Hall Meeting</a> April 16 3:30 p.m.</p> <p><a href="#">Hebrew Speaking Club</a> April 23 3:15 p.m. Fireside Lounge</p> <p><a href="#">Rummy Q</a> 6:30 p.m. 6th Floor</p> <p style="text-align: center;"><b>Additional program details will be posted on the recreation board</b></p>	<p><a href="#">Chair Exercise</a> 10:30 -11:00 a.m. No Chair Exercise on April 3</p> <p><a href="#">Chair Exercise</a> 10:30- a.m. 3<sup>rd</sup> Floor 11:00 a.m. 4<sup>th</sup> Floor</p> <p><a href="#">Sing Along with Gurnoor</a> April 10<sup>th</sup> 3:30 p.m. 3<sup>rd</sup> Floor</p> <p><a href="#">Bingo</a> April 17,24 3:30 p.m. 4<sup>th</sup> Floor</p> <p><a href="#">Active Games</a> 1:00 p.m. 3<sup>rd</sup> Floor</p> <p><a href="#">Lecture: Our Beautiful Earth with Paul Dias</a> April 10 2:00 p.m.</p> <p><a href="#">Discussion with Rodney</a> April 17, 24 2:00 p.m.</p> <p><a href="#">Shoe Sale - Nelly’s Comfort Shoes</a> Friday April 24 11 a.m. – 3 p.m. Classroom AB</p> <p style="text-align: center;">All Programs take place in Assembly Room unless noted</p>	<p><a href="#">Orthodox Synagogue Services</a> Times noted on recreation board</p> <p><a href="#">Schmooze in Lobby, Coffee &amp; Tea Served</a> 2:00 p.m.</p> <p><a href="#">Saturday Afternoon Sing Along with Sophie</a> 3:00 p.m. Lobby</p> <p><a href="#">Local News with Marlene &amp; Robert</a> Starting April 18 2:00 p.m. Fireside Lounge</p> <p><a href="#">A Few Words of Torah with Ralph</a> 2:30 p.m. Classroom AB</p> <p><a href="#">Daily Broadcast on Channels 988, 67, 59</a> <a href="#">Chair Exercise</a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#">Chair Tai Chi</a> 2:00 a.m.,10:00 a.m.</p> <p><a href="#">Standing Tai Chi</a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#">Meditation</a> 9:00 p.m.</p>