

# April 2026



## Monthly Calendar: April 2026

### Contact Information

**To Order Boxed Meals**  
416-785-2500  
Ext. 2477

**Concierge Desk**  
416-785-2500  
Ext. 2267

**Health Center**  
416-785-2500  
Ext. 2292

**Social Workers**  
416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

**Recreation Staff**  
416-785-2500  
Archana Ext. 5879  
Charlotte Ext. 2687



Programs subject to change.  
Please refer to daily program schedule

### Daily Broadcast on Channels 988, 67,59

**Chair Exercise**  
9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.

**Chair Tai Chi**  
2:00 a.m., 10:00 a.m.

**Standing Tai Chi**  
10:30 a.m., 4:00 p.m., 8:00 p.m.

**Meditation**  
9:00 p.m.

### NIRKODA ISRAELI DANCERS

Sunday April 26  
2:00 p.m.  
Assembly Room

### SHOE SALE

**Nelly's Comfort Shoes**  
Friday April 17  
11 a.m. – 3 p.m.  
Classroom AB

### KNITTING & CROCHET GROUP

April 13, 20  
4:00 p.m.  
Classroom AB

### RESIDENTS' TOWN HALL MEETING

Thursday, April 16  
3:30 p.m.  
Assembly Room

### BIRTHDAY CONCERT

Thursday, April 23  
2:00 p.m.  
**Entertainer: Noah Costa**  
Assembly Room

### DISCUSSION WITH RODNEY

Friday, April 17, 24  
2:00 p.m.  
Assembly Room

### HARD OF HEARING CLUB

Monday, April 13, 27  
3:00 p.m.  
Fireside Lounge

### NEW RESIDENT WELCOME GROUP

Monday, April 27  
3:15 p.m.  
Boardroom

### PASSOVER

**Reform Services with Rabbi Rena**  
Thursday April 2 & Wednesday April 8  
10:00 a.m.  
Assembly Room

**Orthodox Services**  
Check recreation board for information

### PASSOVER CONCERT

Entertainer: Janie Respitz  
Wednesday April 1  
1:30 p.m.  
Assembly Room

### YOM HASHOAH SERVICE

Tuesday April 14  
1:30 p.m.  
Assembly Room

### YOM HAZIKARON SERVICE

Tuesday April 21  
1:30 p.m.  
Assembly Room

### YOM HAATZMAUT

Concert with Isaac Muzikansky  
Wednesday April 22  
2:00 p.m.  
Assembly Room

# Monthly Program Schedule: April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><a href="#"><u>Coffee with the Rec Team</u></a> 9:00 a.m. Lobby</p> <p><a href="#"><u>Games Café &amp; Creative Colouring with Volunteers</u></a> 10:00 a.m. Classroom AB</p> <p><a href="#"><u>Sunday Movement with Gurnoor</u></a> April 5 10:30 a.m.</p> <p><a href="#"><u>Sunday Stretch with Archana</u></a> April 12 10:30 a.m.</p> <p><a href="#"><u>Sweat and Shine Exercise with Charlotte</u></a> April 19 10:30 a.m.</p> <p><a href="#"><u>Nirkoda Israeli Dancers</u></a> April 26 2:00 p.m.</p> <p><a href="#"><u>Movie Matinee</u></a> 1:30 p.m. Fireside Lounge</p> <p><a href="#"><u>Yoga Class</u></a> April 5, 12, 19 2:00 p.m. April 26 10:30 a.m. (Time change)</p> <p><a href="#"><u>Choir</u></a> 3:30 p.m. April 5, 19, 26</p> <p><a href="#"><u>Retro Movie Night</u></a> 7:00 p.m.</p>	<p><a href="#"><u>Chair Exercise</u></a> 10:30-11:00 a.m.</p> <p><a href="#"><u>Howard Mednick</u></a> April 6 Gilbert &amp; Sullivan – Biting Satire, Bright Music 2:00 p.m.</p> <p>April 13 West Side Story - Leonard Bernstein's Masterpiece 2:00 p.m.</p> <p><a href="#"><u>Lecture: Eating to Boost Bone Health with Judy Chodirker</u></a> April 27 2:00 p.m.</p> <p><a href="#"><u>New Resident Support Group</u></a> April 27 3:15 p.m. Boardroom</p> <p><a href="#"><u>Sing Along</u></a> The Posners April 20 2:00 p.m.</p> <p><a href="#"><u>Hard of Hearing Club</u></a> April 13, 27 3:00 p.m. Fireside Lounge</p> <p><a href="#"><u>Knitting and Crochet Group</u></a> April 13, 20 4:00 p.m. Classroom AB</p> <p><a href="#"><u>Bridge</u></a> 7:00 p.m. 11<sup>th</sup> Floor Lounge</p>	<p><a href="#"><u>Balance Exercise</u></a> 10:15- 11:00 a.m.</p> <p><a href="#"><u>Yiddish Group</u></a> April 7, 28 1:00 p.m.</p> <p>April 14, 21 3:00 p.m. (Time Change)</p> <p><a href="#"><u>Bingo</u></a> 2:00 p.m. No Bingo April 14, 21</p> <p><a href="#"><u>Yom HaShoah Service</u></a> April 14 1:30 p.m.</p> <p><a href="#"><u>Yom HaZikaron Service</u></a> April 21 1:30 p.m.</p> <p><a href="#"><u>Jeopardy</u></a> April 7, 28 2:15 p.m. Classroom AB</p> <p><a href="#"><u>Bridge with Jonathan</u></a> April 7, 28 1:30 p.m. 11<sup>th</sup> Floor Lounge</p> <p><a href="#"><u>Book Club</u></a> April 21 3:30 p.m. Classroom AB</p> <p><a href="#"><u>Rummy Q</u></a> 6:30 p.m. 6<sup>th</sup> Floor Lounge</p> <p><a href="#"><u>TV Series Manifest</u></a> 7:00 p.m.</p>	<p><a href="#"><u>Sharing Dance Exercise with Annie</u></a> 10:30-11:15 a.m. No Sharing Dance on April 8</p> <p><a href="#"><u>Passover Concert with Janie Respitz</u></a> April 1 1:30 p.m.</p> <p><a href="#"><u>Passover Reform Service with Rabbi Rena</u></a> April 8 10:00 a.m.</p> <p><a href="#"><u>Laughter Yoga Exercise</u></a> April 15 2:00 p.m.</p> <p><a href="#"><u>Yom HaAtzmaut Concert with Isaac Muzikansky</u></a> April 22 2:00 p.m.</p> <p><a href="#"><u>Wheel-Trans Information Session</u></a> April 29 2:00 p.m.</p> <p><a href="#"><u>Mussar Discussion Group</u></a> 3:15 p.m. No Mussar April 1,8</p> <p><a href="#"><u>Modern Movie Night</u></a> 7:00 p.m.</p> <p><a href="#"><u>Outing: Aga Khan Museum</u></a> April 29 9:45 – 1:45 p.m. Sign up at Concierge Desk starting on Tuesday April 21<sup>st</sup>; additional details on flyer</p>	<p><a href="#"><u>Balance Exercise</u></a> 10:15- 11:00 a.m. No Balance Exercise on April 2,9</p> <p><a href="#"><u>Passover Reform Service with Rabbi Rena</u></a> April 2 10:00 a.m.</p> <p><a href="#"><u>Concert</u></a> 2:00 p.m. April 16– Mark Youhanan (Acapella) April 23 – Birthday Concert with Noah Costa (acapella) April 30 – Kathy Thompson</p> <p><a href="#"><u>Film Club</u></a> April 16, 30 7:00 p.m.</p> <p><a href="#"><u>Residents' Town Hall Meeting</u></a> April 16 3:30 p.m.</p> <p><a href="#"><u>Hebrew Speaking Club</u></a> April 23 3:15 p.m. Fireside Lounge</p> <p><a href="#"><u>Rummy Q</u></a> 6:30 p.m. 6<sup>th</sup> Floor</p>	<p><a href="#"><u>Chair Exercise</u></a> 10:30 -11:00 a.m. No Chair Exercise on April 3</p> <p><a href="#"><u>Lecture: Our Beautiful Earth with Paul Dias</u></a> April 10 2:00 p.m.</p> <p><a href="#"><u>Discussion with Rodney</u></a> April 17, 24 2:00 p.m.</p> <p><a href="#"><u>Shoe Sale - Nelly's Comfort Shoes</u></a> Friday April 17 11 a.m. – 3 p.m. Classroom AB</p> <p>Additional program details will be posted on the recreation board</p> <p>All Programs take place in Assembly Room unless noted</p>	<p><a href="#"><u>Orthodox Synagogue Services</u></a> Times noted on recreation board</p> <p><a href="#"><u>Schmooze in Lobby, Coffee &amp; Tea Served</u></a> 2:00 p.m.</p> <p><a href="#"><u>Saturday Afternoon Sing Along with Sophie</u></a> 3:00 p.m. Lobby</p> <p><a href="#"><u>Local News with Marlene &amp; Robert</u></a> Starting April 18 2:00 p.m. Fireside Lounge</p> <p><a href="#"><u>A Few Words of Torah with Ralph</u></a> 2:30 p.m. Classroom AB</p> <p><a href="#"><u>Daily Broadcast on Channels 988, 67, 59</u></a> <a href="#"><u>Chair Exercise</u></a> 9:30 a.m., 11:00 a.m. 2:00 p.m., 7:00 p.m., 11:00 p.m.</p> <p><a href="#"><u>Chair Tai Chi</u></a> 2:00 a.m.,10:00 a.m.</p> <p><a href="#"><u>Standing Tai Chi</u></a> 10:30 a.m., 4:00 p.m., 8:00 p.m.</p> <p><a href="#"><u>Meditation</u></a> 9:00 p.m.</p>