

# MAY 2026 - Terraces



## MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

- Horticulture
- Happiness Project
- Audiobooks
- Board Games
- Walks
- Creative Expression
- Mental Aerobics Worksheet
- Reading/Story Telling
- Mindfulness
- Pet Therapy
- Music Therapy
- Technology 1:1 Support

## Honouring the Women who Shaped Us Presentation

Monday, May 11th  
2:00 p.m.  
Assembly Room

## Classical Lectures with Howard Mednick

Friday, May 1st  
2:00 p.m.  
Assembly Room

## Thursday Afternoon Concerts

May 7  
Mark Youhanan  
May 14  
Milan Vinec  
May 21  
Janie Respitz  
2:00 p.m.  
Assembly Room

## SHAVUOT

Erev Shavuot Torah Study with Rabbi Rena  
Thursday May 21  
7:30 p.m.  
Assembly Room

Reform Shavuot Services  
Friday May 22  
10:00 a.m.  
Assembly Room

## Intergenerational Program With Havergal

Friday, May 15  
2:00 p.m.  
Assembly Room

## Illustrated Talk & Art Exhibit

Wednesday, May 20  
1:30 p.m.  
Assembly Room

## Singalong with the Posners

Monday, May 25  
2:00 p.m.  
Assembly Room

## MAY Birthday Concerts with Noah Costa

Thursday, May 28  
2:00 p.m.  
Assembly Room

## Singalong with New Entertainer

Wednesday, May 29th  
2:00 p.m.  
Assembly Room

## Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

### Contact Information

**Memory Care Nurses**  
416-349-1437

**Clinical Director**  
Debs Conway Chung  
437-343-1253

**Program Lead Curator**  
Fern Fabrizi  
437- 348-3927

**Social Workers**  
416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

**Recreation Team**  
Ashley Kubi  
Amy Goldberg Trim  
Andrea Nwokeli



Possibilities by Baycrest Core Values:  
Connections, Autonomy, Purpose, and Choice

**Monthly Program Schedule: MAY 2026**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>
<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.
<u>Gentle Stretching</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Dance</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Exercise</u> 10:45 -11:45 a.m.
<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.	<u>Individual Activity</u> 12:45 – 1:30 p.m.
<u>Celebrating Women Bridgeton Tea Party</u> May 10 2:00 p.m.	<u>Music Therapy Group</u> 1:15- 2:00 p.m.	<u>Yiddish Group</u> 1:00 p.m. Assembly Room	<u>Community Dog Visit</u> 1:00 p.m.	<u>Concert</u> 2:00 p.m. Assembly Room	<u>Challah Baking</u> 2:00 p.m.	<u>Singalong</u> 2:00 p.m.
<u>Schmooze in the Community</u> 2:00 p.m.	<u>Green Thumb Gardener Celebration of Trees</u> May 5 2:15 – 3:00 p.m.	<u>Baking</u> 1:30 – 3:00 p.m.	<u>Creative Arts</u> 1:30 -2:30 p.m.	<u>Table Top Activity</u> 3:00 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:30 p.m.
<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Concert with Ari</u> May 13 2:00 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Travelling to Mexico with Amy</u> May 25 3:15 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Havdalah Shabbat</u> 5:30 p.m.
<u>Music Appreciation</u> 5:30 p.m.	<u>Travelogue</u> 5:30 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Variety Hour</u> 5:30 p.m.	<u>Celebrating Shabbat in the Community</u> 5:30 p.m.	
		<u>Creative Expression</u> 5:30 p.m.	<u>Active Games</u> 3:30 -4:30 p.m.			
			<u>Bingo Night</u> 5:30 p.m.			

(Programs are subject to change, based on residents needs)