

# April 2026 - Terraces



## Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

### Contact Information

**Memory Care Nurses**  
416-349-1437

**Clinical Director**  
Debs Conway Chung  
437-343-1253

**Program Lead Curator**  
Fern Fabrizi  
437- 348-3927

**Social Workers**  
416-785-2500  
Yentie Ext. 5382  
Tanya Ext. 2990

**Recreation Team**  
Ashley Kubi  
Amy Goldberg Trim  
Andrea Nwokeli



Possibilities by Baycrest Core Values:  
Connections, Autonomy, Purpose, and Choice

### MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

- Horticulture
- Happiness Project
- Audiobooks
- Board Games
- Walks
- Creative Expression
- Mental Aerobics Worksheet
- Reading/Story Telling
- Mindfulness
- Pet Therapy
- Music Therapy
- Technology 1:1 Support

### ABRIDGED PASSOVER SEDER

Wednesday, April 1<sup>st</sup>,  
4:00 p.m.  
&  
Thursday, April 2<sup>nd</sup>,  
4:00 p.m.  
Memory Care Community  
Dining Room

### Classical Lectures with Howard Mednick

Monday, April 6  
Friday April 13  
2:00 p.m.  
Assembly Room

### Laughter Yoga

Wednesday, April 15  
2:00 p.m.  
Assembly Room

### Birthday Concert

Thursday, April 23  
2:00 p.m.  
Entertainer: Noah Costa  
Assembly Room

### Passover Concert with Janie Respitz

Wednesday, April 1<sup>st</sup>  
1:30 p.m.  
Assembly Room

### Singalong with the Posners

Monday, April 20th  
2:00 p.m.  
Assembly Room

### Thursday Afternoon Concerts

April 16 – Mark Youhanan  
April 23 – Noah Costa  
April 30– Kathy Thompson  
Assembly Room

### YOM HA'ATZMAUT CONCERT with Isaac Muzikansky

Wednesday, April 22  
2:00 p.m.  
Assembly Room

### SPECIAL PERFORMANCE Nirkoda Israeli Dance

Sunday, April 26  
2:00 p.m.  
Assembly Room

Monthly Program Schedule: April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>	<u>Creating Connection with Maven</u>
<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks to Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.	<u>Walks Greenhouse</u> 9:45 -10:30 a.m.	<u>Morning Walks</u> 9:45 -10:30 a.m.
<u>Gentle Stretching</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance Bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Dance</u> 10:45 -11:45 a.m.	<u>Seated Yoga</u> 10:45 -11:45 a.m.	<u>Resistance bands Workout</u> 10:45 -11:45 a.m.	<u>Chair Exercise</u> 10:45 -11:45 a.m.
<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.	<u>Individual Activity</u> 12:45 – 1:15 p.m.
<u>Discussion Group</u> 1:30 – 2:30 p.m.	<u>Music Therapy Group</u> 1:15- 2:00 p.m.	<u>Yiddish Group</u> April 7 & 28 1:00 p.m. Assembly Room	<u>Community Dog Visit</u> 1:00 p.m.	<u>Concert</u> 2:00 p.m. Assembly Room	<u>Challah Baking</u> 2:00 p.m.	<u>Singalong</u> 2:00 p.m.
<u>Schmooze in the Community</u> 2:00 p.m.	<u>Green Thumb Gardener</u> 2:15 – 3:00 p.m.	<u>Baking</u> 1:30 – 3:00 p.m.	<u>Creative Arts</u> 1:30 -2:30 p.m.	<u>Table Top Activity</u> 3:00 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:30 p.m.
<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 3:00 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Table Top Activity</u> 2:45 – 3:30 p.m.
<u>Music Appreciation</u> 5:30 p.m.	<u>Travelogue</u> 5:30 p.m.	<u>Table Top Activity</u> 2:45 – 3:45 p.m.	<u>Concert with Ari Posner</u> April 15 3:30 p.m.	<u>Passover Abridged Seder, Second Night</u> 4:00 p.m.	<u>Celebrating Shabbat in the Community</u> 5:30 p.m.	<u>Havdalah Shabbat</u> 5:30 p.m.
		<u>Creative Expression</u> 5:30 p.m.	<u>Passover Abridged Seder, April 1<sup>st</sup>, First Night</u> 4:00 p.m.	<u>Horticulture</u> 5:30 p.m.		
(Programs are subject to change, based on residents needs)			<u>Bingo Night</u> 5:30 p.m.			